

Roundtable 2

► Isolation of seniors

Mélanie Levasseur, PhD, Occupational Therapist, Director of Research and Full Professor, École de réadaptation, Université de Sherbrooke

Project: “Caring Community”: reaching out to seniors in situations of isolation and vulnerability

Who: seniors living in a rural RCM

What: fight against situations of isolation and vulnerability

Why: integrate seniors into their communities

Outcome: create a caring community



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Workplace health

Dr. Mario Messier, MD, Scientific Director of Groupe entreprises en santé and Lecturer in workplace health promotion at the Université de Montréal

Project: Leaders' roundtable

SANTÉ ET
MIEUX-ÊTRE
AU TRAVAIL

DEVENEZ
UN LEADER
ENGAGÉ!

Who: managers and business leaders

What: best practices in workplace health and wellness

Why: better understand their realities, motivations, and needs

Outcome: establish a relationship of trust and adjust our interventions according to their reality and needs

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Workplace health

Nektaria Nicolakakis, PhD, Expert
Scientific Advisor – Researcher, Direction de
la santé environnementale, au travail et de la
toxicologie, Institut national de santé
publique du Québec

Project: Organizational prevention hub to
protect the mental health of health and social
services personnel during pandemics



Who: health and social services personnel

What: organizational strategies to protect mental health

Why: impact of COVID-19 on working conditions

Outcome: creation of a web-based tool