

Cette présentation a été effectuée le 28 novembre 2011, au cours de la Rencontre internationale *La prochaine décennie pour les écoles favorisant la santé, le bien-être et la réussite éducative* dans le cadre des 15<sup>es</sup> Journées annuelles de santé publique (JASP 2011). L'ensemble des présentations est disponible sur le site Web des JASP à la section *Archives* au : <http://jasp.inspq.qc.ca/>.

# Focusing on the SCHOOL in Health Promoting Schools



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## Overview



- 🏆 What is the **Health Promoting Schools** model?
- 🏆 Purpose of Schools / Education
- 🏆 Focusing on the **SCHOOL**
- 🏆 PHE Canada resources



# The HPS Model in Canada

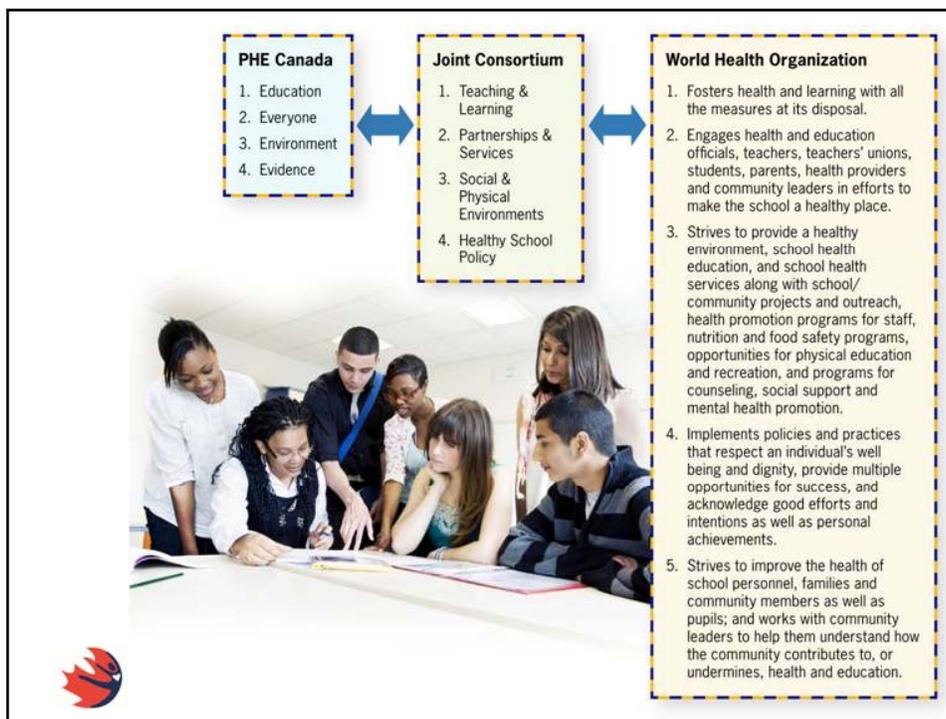
“An internationally recognized framework for supporting improvements in students’ educational outcomes while addressing school health in a planned, integrated & holistic way.”

(Joint Consortium for School Health).



## The 4 E's





## Schools / Education

- Newfoundland:** The vision of the Department of Education is to provide citizens with the values, knowledge and skills necessary to be productive and contributing members of society.  
<http://www.ed.gov.nl.ca/edu/index.html>
- Alberta:** Education's mission is to collaborate to inspire every student to engage in high quality, inclusive learning opportunities needed to develop competencies required to contribute to an enriched society and a sustainable economy. Education's core business is to lead, support and collaborate so that all students are successful at learning.  
<http://education.alberta.ca/media/6432077/educ.pdf>



## Schools / Education

A compelling and inclusive **moral purpose** steers a system, binds it together, and draws the best people to work in it. Literacy and numeracy are sometimes such a purpose and should always be an **educational priority**. But they are not always the right reform priority, especially when schools and nations are **already high performers** in those areas,.. For instance, while Canada ranks very high on tested literacy achievement and economic prosperity as measures of educational well-being, it **performs very poorly** in self, family, peer-related, or **health-based well-being**.

Hargreaves and Shirley, 2009, p. 76

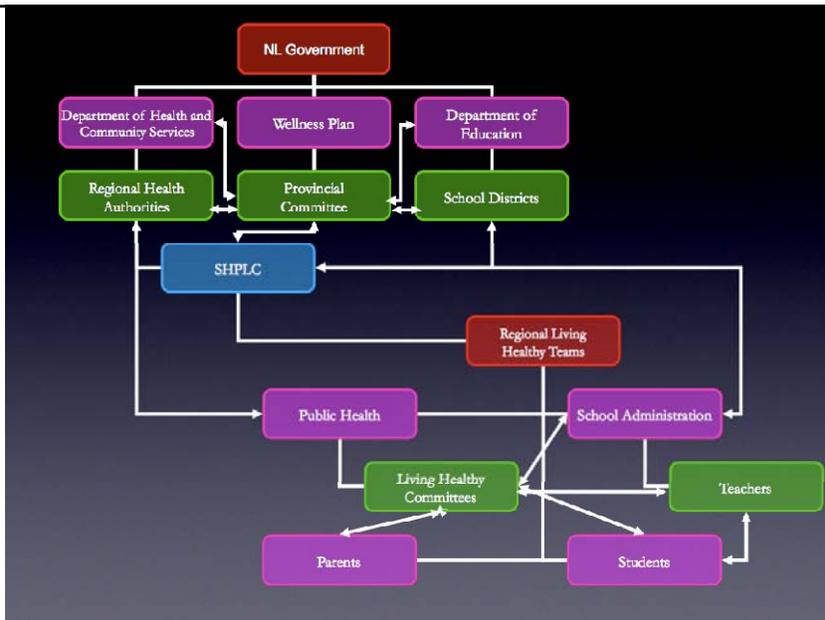
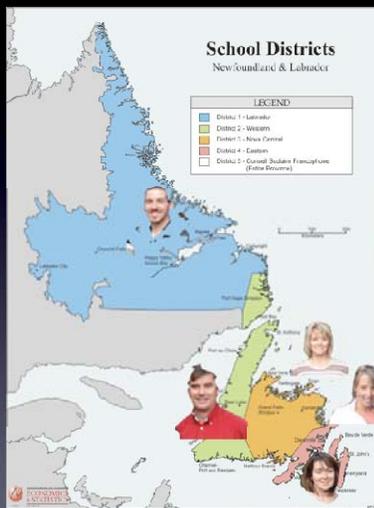


## Focusing on the SCHOOL

- 🏆 True, authentic linkage of educational success, health and wellbeing
- 🏆 Key Learnings:
  - 🏆 Role of School Health Coordinators
  - 🏆 Battle River Project



# Evaluation of the School Health Promotion Liaison Consultants role in Newfoundland and Labrador

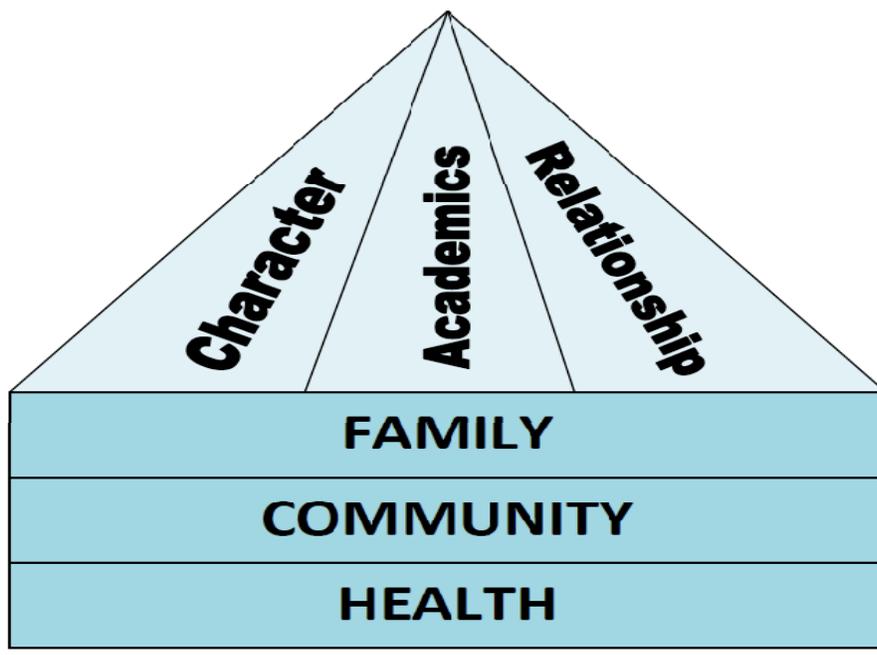


## Case Study: Emergent Themes

- **Assessment for Learning** (Global Health Promotion, 2011)
  - **Stakeholder Involvement**
  - **Sharing Evidence**
  - **Embed Health**
- **A Journey Into School Health Promotion** (Health Promotion International, 2011)
  - **Participation**
  - **Coordination**
  - **Integration**
- **The Devil is in the Details: Policy and Procedure** (Health Education Journal, 2011)
  - **Perceptions / Misconceptions**
  - **Bottom Up / Top Down**
  - **Flexible Rigidity**
  - **The Way We Do Business**



Battle River School Division Pyramid of Success





making it happen...

1. Bring Key Players Together
2. Form a School Health Committee
3. Gain commitment
4. Develop a School Health Profile
5. Create a Vision
6. Develop a school health plan
7. Celebrate Successes
8. Measure Up
9. Review and Adjust
10. Other tools



## 1. Bring Key Players Together

- Youth. Interested students, student council representatives, student peer leaders.
- Parents. Parent council members, interested parent volunteers, parents with expertise in relevant areas.
- School staff
  - Teachers
  - Physical Education teachers
  - Teaching aides/assistants
  - Principals and Vice-Principals
  - Guidance counselors
  - School nurse/Public health nurse
  - School administration staff
  - School Board/District representative
  - Custodians, groundskeepers, and cafeteria workers
- Your Community
  - Public health nurses
  - Nutritionists/dietitians
  - Health promoters
  - Social workers/Child and youth workers
  - Psychiatrists and psychologists
  - Family physicians/pediatricians
  - Police/law enforcement officers
  - Youth justice/Family court justice workers
  - Physical activity coordinators
  - Community recreation programmers
  - Community coaches
  - Local media



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## 2. Form a School Health Committee



### School Action Team Planning Tool

School: \_\_\_\_\_ Year: \_\_\_\_\_ Principal: \_\_\_\_\_  
 # of Staff: \_\_\_\_\_ # of Students: \_\_\_\_\_

Blueprint Heading:							
Goal (statement from Blueprint):							
Objective (specific, measurable target you are working towards):							
HASC Components	Activities Describe what you are going to do.	Time Line When will this activity take place? (ongoing or specific months/dates)	Responsibility Lead: Who will coordinate this activity? Supporting People/Partners: Who else will be involved?	Budget Are the funds available?	Celebrations How do you plan to celebrate your progress/success?	Progress Data What change do you expect to see as a result of this activity? (complete end of January)	Status (end of the year) What was the overall result of this activity? (complete end of May)
SCHOOL ENVIRONMENT	Physical Environment		Lead:  Supporting People/Partners:				<input type="checkbox"/> achieved <input type="checkbox"/> ongoing <input type="checkbox"/> requires reassessment
	Social Environment		Lead:  Supporting People/Partners:				<input type="checkbox"/> achieved <input type="checkbox"/> ongoing <input type="checkbox"/> requires reassessment



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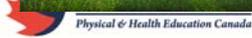
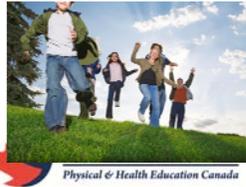
### 3. Gain commitment

Explain the importance of school health planning and the general needs of the school community.

Offer a forum where other ideas can come forward. PHE Canada has excellent support resources that may provide additional assistance.

Resources available from PHE Canada:

- How do we get the principal on board?
- How can the school administration support teachers?
- Making it happen: The QSH Commitment



Physical & Health Education Canada



**PHE Canada**

Physical & Health Education Canada

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**Thank you!**