Cette présentation a été effectuée le 28 novembre 2011, au cours de la Rencontre internationale La prochaine décennie pour les écoles favorisant la santé, le bien-être et la réussite éducative dans le cadre des 15es Journées annuelles de santé publique (JASP 2011). L’ensemble des présentations est disponible sur le site Web des JASP à la section Archives au : http://jasp.inspq.qc.ca/.

Focusing on the SCHOOL in Health Promoting Schools

Dr. Antony Card, Memorial University and Dr. Doug Gleddie, Grant MacEwan University

Overview

What is the Health Promoting Schools model?

Purpose of Schools / Education

Focusing on the SCHOOL

PHE Canada resources
The HPS Model in Canada

“An internationally recognized framework for supporting improvements in students’ educational outcomes while addressing school health in a planned, integrated & holistic way.”

(Joint Consortium for School Health).

The 4 E’s

- EDUCATION
- ENVIRONMENT
- EVIDENCE
- EVERYONE
**Schools / Education**

**Newfoundland:** The vision of the Department of Education is to provide citizens with the values, knowledge and skills necessary to be productive and contributing members of society.

http://www.ed.gov.nl.ca/edu/index.html

**Alberta:** Education’s mission is to collaborate to inspire every student to engage in high quality, inclusive learning opportunities needed to develop competencies required to contribute to an enriched society and a sustainable economy. Education’s core business is to lead, support and collaborate so that all students are successful at learning.

http://education.alberta.ca/media/6432077/educ.pdf
**Schools / Education**

A compelling and inclusive moral purpose steers a system, binds it together, and draws the best people to work in it. Literacy and numeracy are sometimes such a purpose and should always be an educational priority. But they are not always the right reform priority, especially when schools and nations are already high performers in those areas,.. For instance, while Canada ranks very high on tested literacy achievement and economic prosperity as measures of educational well-being, it performs very poorly in self, family, peer-related, or health-based well-being.

Hargreaves and Shirley, 2009, p. 76

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**Focusing on the SCHOOL**

- True, authentic linkage of educational success, health and wellbeing

- **Key Learnings:**
  - Role of School Health Coordinators
  - Battle River Project
Evaluation of the School Health Promotion Liaison Consultants role in Newfoundland and Labrador

School Districts

Legend:
- N.L. Government
- Department of Health and Community Services
- Wellness Plan
- Department of Education
- Provincial Government
- School Districts
- NPHC
- Regional Living Healthy Teams
- Public Health
- School Administration
- Living Healthy Committees
- Teacher
- Parents
- Students

PHE Canada
Physical & Health Education Canada
Case Study: Emergent Themes

- **Assessment for Learning** (Global Health Promotion, 2011)
  - Stakeholder Involvement
  - Sharing Evidence
  - Embed Health
- **A Journey Into School Health Promotion** (Health Promotion International, 2011)
  - Participation
  - Coordination
  - Integration
- **The Devil is in the Details: Policy and Procedure** (Health Education Journal, 2011)
  - Perceptions / Misconceptions
  - Bottom Up / Top Down
  - Flexible Rigidity
  - The Way We Do Business

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Battle River School Division Pyramid of Success

- **Character**
- **Academics**
- **Relationship**

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**FAMILY**

**COMMUNITY**

**HEALTH**
Resources

making it happen...

1. Bring Key Players Together
2. Form a School Health Committee
3. Gain commitment
4. Develop a School Health Profile
5. Create a Vision
6. Develop a school health plan
7. Celebrate Successes
8. Measure Up
9. Review and Adjust
10. Other tools
1. Bring Key Players Together

- Youth. Interested students, student council representatives, student peer leaders.
- Parents. Parent council members, interested parent volunteers, parents with expertise in relevant areas.
- School staff
  - Teachers
  - Physical Education teachers
  - Teaching aides/assistants
  - Principals and Vice-Principals
  - Guidance counselors
  - School nurse/Public health nurse
  - School administration staff
  - School Board/District representative
  - Custodians, groundskeepers, and cafeteria workers
- Your Community
  - Public health nurses
  - Nutritionists/dietitians
  - Health promoters
  - Social workers/Child and youth workers
  - Psychiatrists and psychologists
  - Family physicians/pediatricians
  - Police/law enforcement officers
  - Youth justice/Family court justice workers
  - Physical activity coordinators
  - Community recreation programmers
  - Community coaches

making it happen...

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2. Form a School Health Committee

School Action Team Planning Tool

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<th>Task</th>
<th>Description</th>
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Making it happen...

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8. Measure Up
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10. Other tools
3. Gain commitment

Explain the importance of school health planning and the general needs of the school community.

Offer a forum where other ideas can come forward. PHE Canada has excellent support resources that may provide additional assistance.

Resources available from PHE Canada:
- **How do we get the principal on board?**
- **How can the school administration support teachers?**
- **Making it happen: The QSH Commitment**

making it happen...

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Thank you!