Evaluating the Effectiveness of Air Quality Interventions:

HEI’s Research Program on Accountability

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Annual Public Health Days of Quebec
Montreal, November 23, 2007

Why accountability?

In North America and Western Europe, air quality has improved substantially over the past decades.

Further improvements are becoming more costly.

Need to ensure that current and future regulations are achieving the intended public health benefits.

Important to measure indicators along entire chain from regulatory action → emissions → air quality → exposure → human health.
HEI Communication 11: Concepts and methods for accountability research

- Multi-authored monograph published September 2003
- Assessment of the task
- Conceptual framework for future research
- Research directions

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Focusing the challenge on health: The Chain of Accountability

Regulatory action

Compliance, effectiveness

Emissions

Atmospheric transport, chemical transformation, and deposition

Ambient air quality

Human time-activity in relation to indoor and outdoor air quality; Uptake, deposition, clearance, retention

Exposure/dose

Susceptibility factors; mechanisms of damage and repair, health outcomes

Human health
Some issues and questions:

- Which types of interventions are effective at reducing emissions / exposure / health effects?
  - Step-change vs. gradual change in AQ
- Role of study design and data analysis; methods development
  - Large, periodical, random monitoring to track population exposure (including use of biomarkers) versus smaller scale studies of specific subpopulations
  - How to select appropriate health outcomes
  - How to obtain adequate pre-intervention baseline data
  - Compare model-based predictions with actual outcome
- How to pursue unique opportunities (intentional, unintentional) that come up relatively quickly
  - Opportunities at national, regional, local levels
  - Identify and publicize opportunities
- Do accountability studies provide unique opportunities to study health effects of specific sources? What about causality?

HEI studies: Shorter-term interventions

**Traffic reduction**
1. Atlanta 1996 Olympic Games
2. Congestion charging zone in London
3. Low emission zone in London

**Targeting fuels & combustion**
4. Cleaner wood stoves in Montana
5. Coal ban in Irish cities
6. Reducing sulfur in fuel in Hong Kong

**Multiple sources**
7. Reducing traffic and industrial sources in Beijing in association with 2008 Olympic Games
HEI studies: 
Actions and events over the longer term

8. Regulations requiring decreased SO$_2$ emissions from powers plants in the eastern United States (Title IV of the 1990 Clean Air Act Amendments)

9. Changes in eastern Germany after the reunification, such as switching from brown coal to natural gas and increased use of catalytic converters and diesel engines

1996 Olympics (Atlanta)

- PI: Jennifer Peel, Colorado State University
- based on earlier study showing a decrease in ozone and childhood asthma (Friedman et al, JAMA 2001)
- focus on emergency department visits and arrhythmic events in patients with implanted cardioverter defibrillators
- comparing before, during and after Olympics; also the same periods in previous and subsequent years
- investigating geographical subsets of the Atlanta metropolitan area
Atlanta Olympics –
Michael Friedman et al, JAMA 285 (2001) 897-905

Significant reduction in asthma acute care events (-41%), peak daily ozone levels (-28%), and morning traffic (-22%)

Congestion charging scheme (London)

PI: Frank Kelly, King’s College London (study completed and under review)

- implemented in February 2003 to reduce traffic congestion in London’s inner city (charge was £5/day, now £8)
  - concomitant increase in public transportation
  - show that traffic reduction has led to pollution reduction
  - also looking at potential changes in pollutant composition
- oxidative properties of PM collected on filters before and after implementation (*in vitro*)
- if pollution reduction evident, follow up with health study:
  - mortality & hospital admissions
  - respiratory and cardiovascular conditions in children and elderly obtained from primary care records
Changes in traffic entering the CCZ during charging hours on a representative selection of major entry points. Source: Transport for London.

Greater London air quality monitoring network

Location of long-term continuous pollution monitoring sites within Greater London
Low emission zone (London)

PI: Frank Kelly, King’s College London

- reduce pollution levels by excluding high emitters, several stages starting February 4, 2008 through 2012
- affects much larger area (Greater London)
- prospective study: baseline assessment
  - pollution levels
  - collect filters for oxidative properties
  - obtain access to primary care data
- improved monitoring network
  - in collaboration with Transport for London
- post-intervention study to be decided

Visit www.cclondon.com for more information on the CCS and LEZ

Cleaner wood stoves (Montana)

PI: Curtis Noonan, University of Montana

- community intervention project by Montana DEQ & others
- change-out of 1200 uncertified wood stoves during two winters (2005 and 2006)
- assess PM$_{2.5}$ levels outdoors, in schools, and in homes before, during and after wood stove replacement

- relate air quality to children’s respiratory symptoms, infections, and illness-related school absences

Libby, Montana web cam (June 26, 2007)
Coal ban in Irish Cities

PI: Douglas Dockery, Harvard School of Public Health

- based on earlier study showing reduction in black smoke and mortality after a 1990 coal ban in Dublin (Clancy et al, Lancet 2002)
- include 11 other cities: Cork (1995 ban) and 10 other major cities (1998 ban)
- quantify the effect of the ban on coal sales on black smoke and sulfur oxide levels
- total and cause-specific mortality, and cardiovascular and respiratory hospital admissions

Dublin 1990 coal ban (Clancy et al 2002)
Fuel sulfur content (Hong Kong)

PI: Chit-Ming Wong, University of Hong Kong

- effect of 1990 regulation to reduce sulfur in fuel on AQ in Hong Kong
  - affecting both power plants and vehicles
  - shown to reduce SO$_2$ and mortality (Hedley et al, Lancet 2002)
- develop methodologies for assessing change in life expectancy and years of life gained
- focus on PM composition
- relation between short-term and long-term benefits

**Hong Kong fuel sulfur content (Hedley et al 2002)**

*Figure 1: Average of pollutant concentrations at five monitoring stations*

Vertical line represents date of introduction of fuel regulation.
2008 Olympics (Beijing)

PI: Jim Zhang, University of Medicine and Dentistry of New Jersey

- reduce emissions from traffic and industrial sources in period leading up to and during Olympics
  - changes already started, targeting industry in Beijing area
  - two-tiered approach during the Olympics:
    1. keep highly emitting vehicles off the road and restrict operation of high emitting industries (July 25 – September 17)
    2. restrict additional vehicles and factories during actual competition (August 8–24)

- follow medical students before, during, and after Olympics to measure blood coagulation and systemic inflammation

Modeled Air Quality in Beijing –

CMAQ model simulations of PM$_{2.5}$ and ozone concentrations for Beijing, July 2001
**In the news....**

**IOC chief says bad air could disrupt Beijing Games**  
(APF – Nov 2, 2007)  
CHICAGO – International Olympic Committee chief Jacques Rogge said Friday that poor air quality in Beijing could disrupt events in next year’s Games. “We will not hesitate to delay or postpone events if the air quality could harm athletes,” Rogge said.

**Rogge confident about air quality for Olympics**  
(China Daily – Nov 5, 2007)  
BEIJING – IOC President Jacques Rogge is confident that Beijing will ensure the air quality for the 2008 Olympic Games.

**Beijing rules out car restrictions during Olympics**  
(APF – Nov 5, 2007)  
BEIJING – Olympic host city Beijing has ruled out any limits on the number of private cars allowed on the Chinese capital’s notoriously congested and polluted streets, state media reported Tuesday.

**Henin might not defend her Olympic gold in Beijing because of asthma problems**  
(The Canadian Press – Nov 5, 2007)  
MADRID, Spain – Justine Henin might not defend her Olympic gold medal in Beijing because of concern the city’s air pollution will trigger her asthma.

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**SO₂ from power plants (eastern US)**

*PI: Richard Morgenstern, Resources for the Future*

- reduction of SO₂ emissions from power plants under Title IV of the 1990 Clean Air Act Amendments
  - two phases, targeting largest, dirtiest plants first
- source-by-source analysis of to determine where and when reductions occurred
  - using EPA emissions inventories and transaction data
- source-receptor models to establish relationship between emissions reduction and air quality improvement
  - estimate pollution levels in absence of policies
- study on health effects to be finalized
SO\textsubscript{2} air quality trends (EPA)

SO\textsubscript{2} Air Quality, 1990 – 2006
(Based on Annual Arithmetic Average)
National Trend based on 15 sites

- 65% decrease in National Average

New York, NY

SO\textsubscript{2} Air Quality, 1990 – 2006
(Based on Annual Arithmetic Average)

- New York, NY
- Study completed and under review

German reunification

PI: Annette Peters, GSF-National Research Center for Environment and Health (study completed and under review)

- conversion from brown coal to natural gas in homes, factories, and power plants
- conversion of cars with two-cycle engines to cars equipped with catalytic converters
  - general increase in traffic, including diesel cars & trucks
- track daily cause-specific mortality in Erfurt at various lagged times with levels of pollutants of interest
- develop methods to track dynamic changes in health risks over time during interventions or source changes (1991–2002)
What’s ahead:

Prepare a Program Summary describing HEI’s accountability research program; manuscript to appear in J. Toxicol. & Environm. Health

Work with CDC EPHT Branch, US EPA and States to apply newly developed environmental public health tracking methods to accountability (workshop planned for January 15/16, Baltimore MD)

Pursue new research and methods development on long-term and short-term impacts of domestic air quality actions on public health
Thank you!

To find out more about HEI’s research program or to download the Accountability Monograph (HEI Communication 11) visit our website at www.healtheffects.org