

We encourage you to use this toolkit to help amplify messaging and activities for World AIDS Day 2019 and support the communities you serve.

World AIDS Day 2019

Annually, on December 1st, we commemorate World AIDS Day (WAD) and the start of Aboriginal AIDS Awareness Week (AAAW). This year, we reflect on the significant progress made to improve the lives of those living with HIV, but also recognize the work that still needs to be done to promote the U=U (Undetectable=Untransmittable) message and reduce HIV-related stigma.



The UNAIDS World AIDS Day 2019 theme is

COMMUNITIES MAKE THE DIFFERENCE

- This year's theme highlights the strength that lies in communities and the important role they play in contributing to the HIV/AIDS response.
- The evidence for U=U, holds tremendous power to reduce HIVrelated stigma and transform the lives of people living with HIV. To raise awareness of this important message, the Public Health Agency of Canada will be releasing a series of video testimonials featuring stories of five people living with HIV.

Highlights of this Toolkit

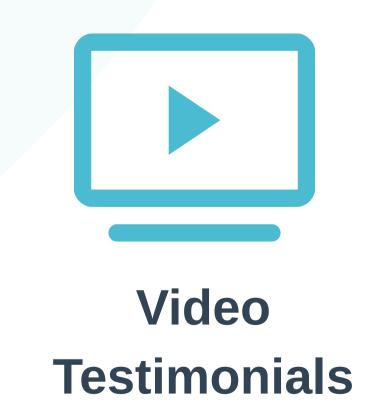


Social Media Messages



Social Media Calendar





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Public Health Agency of Canada Agence de la santé publique du Canada





Social Media Messages

Social media messages will be released on Twitter, Facebook, LinkedIn, and Instagram between November 25th and December 2nd. Follow us on our accounts below and re-tweet, like, and share messages with your own followers and networks. Customize messages by tagging others or adding images from your World AIDS Day (WAD) activities.

Hashtags we will be using this year:

#WorldAIDSDay #endHIVstigma #UequalsU

Follow us on:



Twitter

- · Minister of Health @CDNMinHealth/@MinSanteCAN
- · Chief Public Health Officer (CPHO) @CPHO_Canada/@ACSP_Canada
- · Government of Canada Health @GovCanHealth/@GouvCanSante



Instagram

- @healthycdns
- · @canensante



Facebook

- Healthy Canadians
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LinkedIn

- PHAC / ASPC
- · Health Canada/ Santé Canada



Youtube

- Healthy Canadians
- Canadiens en santé

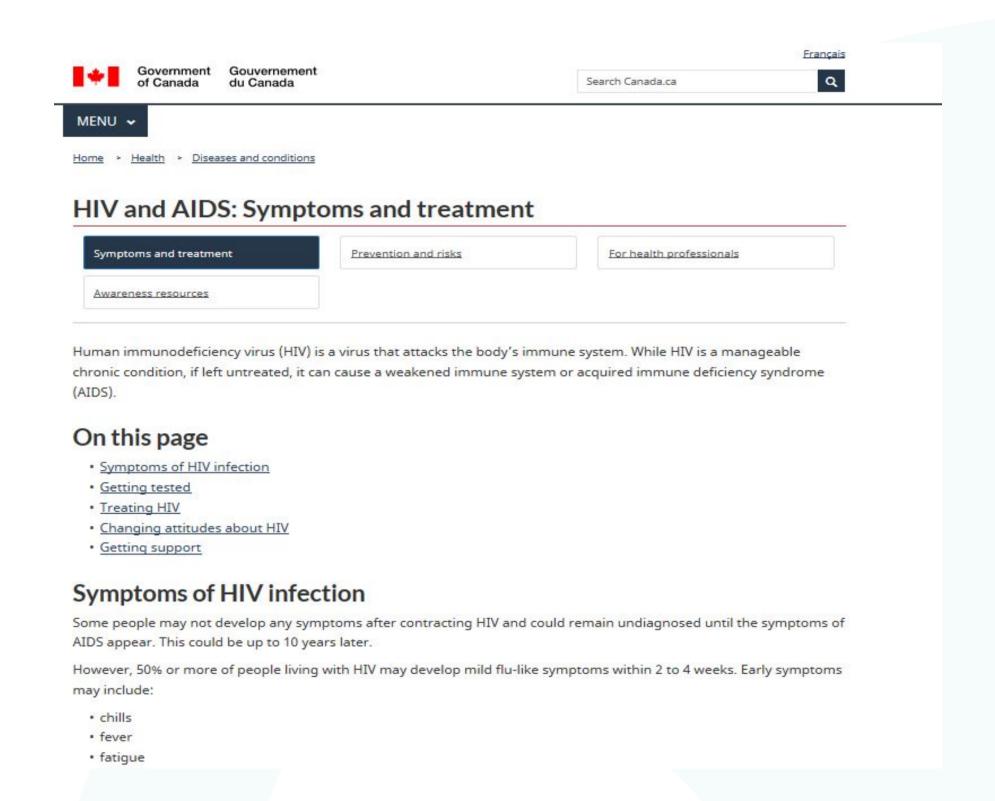


Agence de la santé a publique du Canada



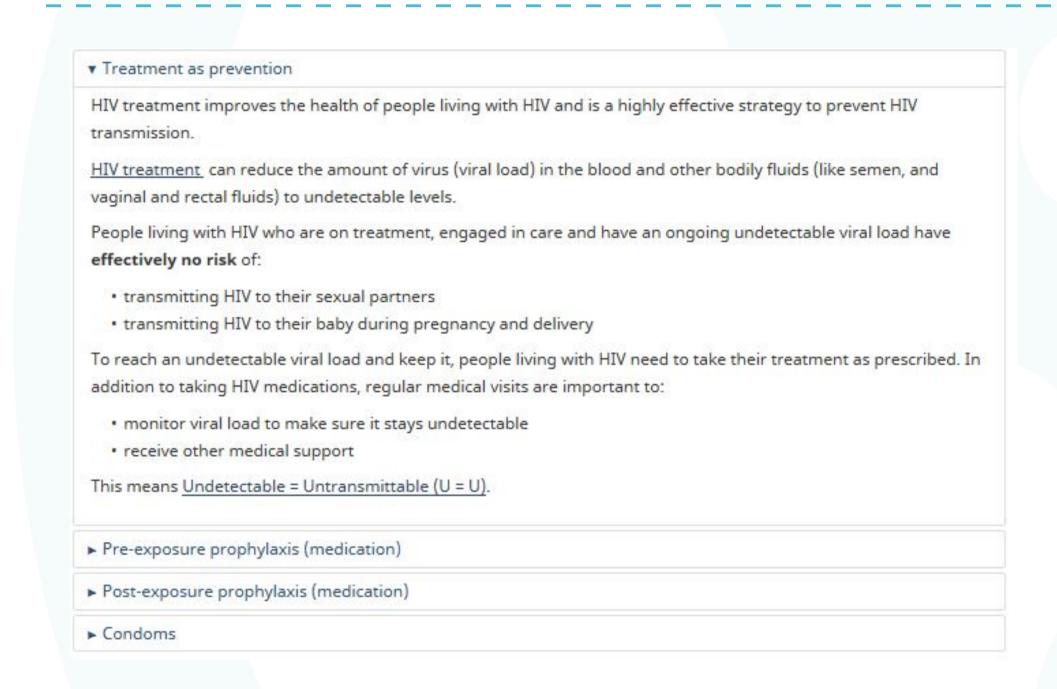


Website & Links



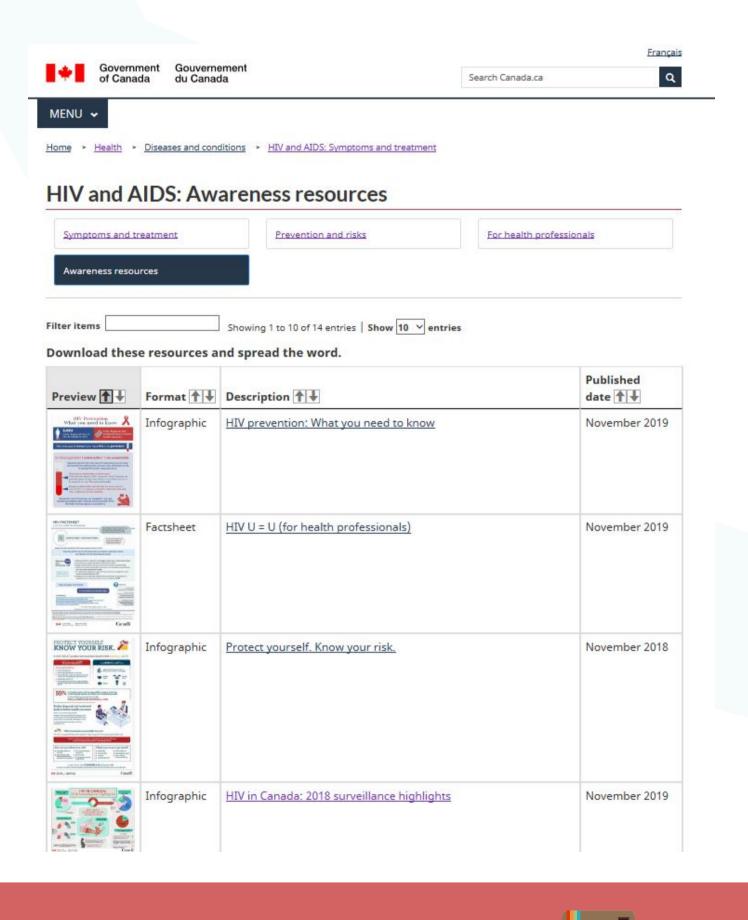
HIV and AIDS Landing Page

https://www.canada.ca/en/publichealth/services/diseases/hiv-aids.html Canada.ca/HIV



U=U Web Content

https://www.canada.ca/en/publichealth/services/diseases/hivaids/prevention-risks.html



Awareness Resources

https://www.canada.ca/en/publichealth/services/diseases/hivaids/awareness-resources.html

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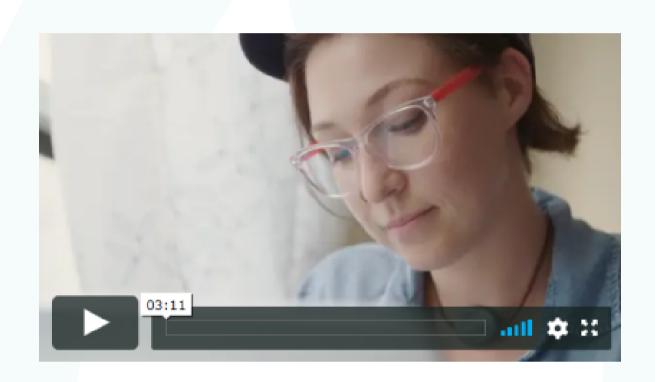
U=U Video Testimonials

The videos will be promoted on Twitter, Facebook, LinkedIn, Instagram, between November 25th and December 2nd. Please respect the Government of Canada social media schedule at the end of this document, to view, share, and promote the videos as they are released.



Compilation Video

Listen to the highlights of personal testimonials of 5 individuals living with HIV who have learned to embrace life more fully because of U=U.



Dee's Video

Discover how Dee has learned to embrace life through art, activism and a strong, loving relationship.



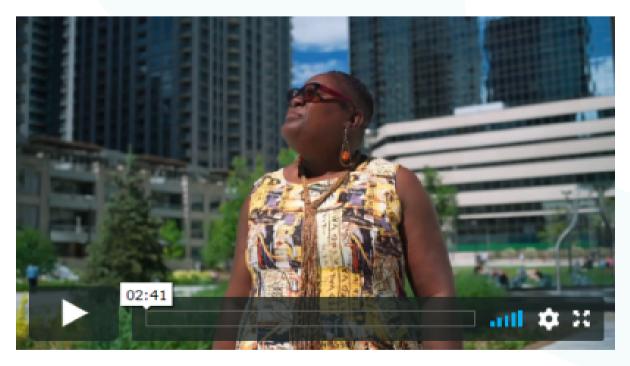
Carlos' Video

Hear how Carlos has found hope and joy in the message of U=U.



Pierre's Video

Hear Pierre talk about his journey of living with HIV for 40 years.



Marvelous' Video

Listen to Marvelous talk about choosing to live positively, help others and follow her dreams.



Daniel's Video

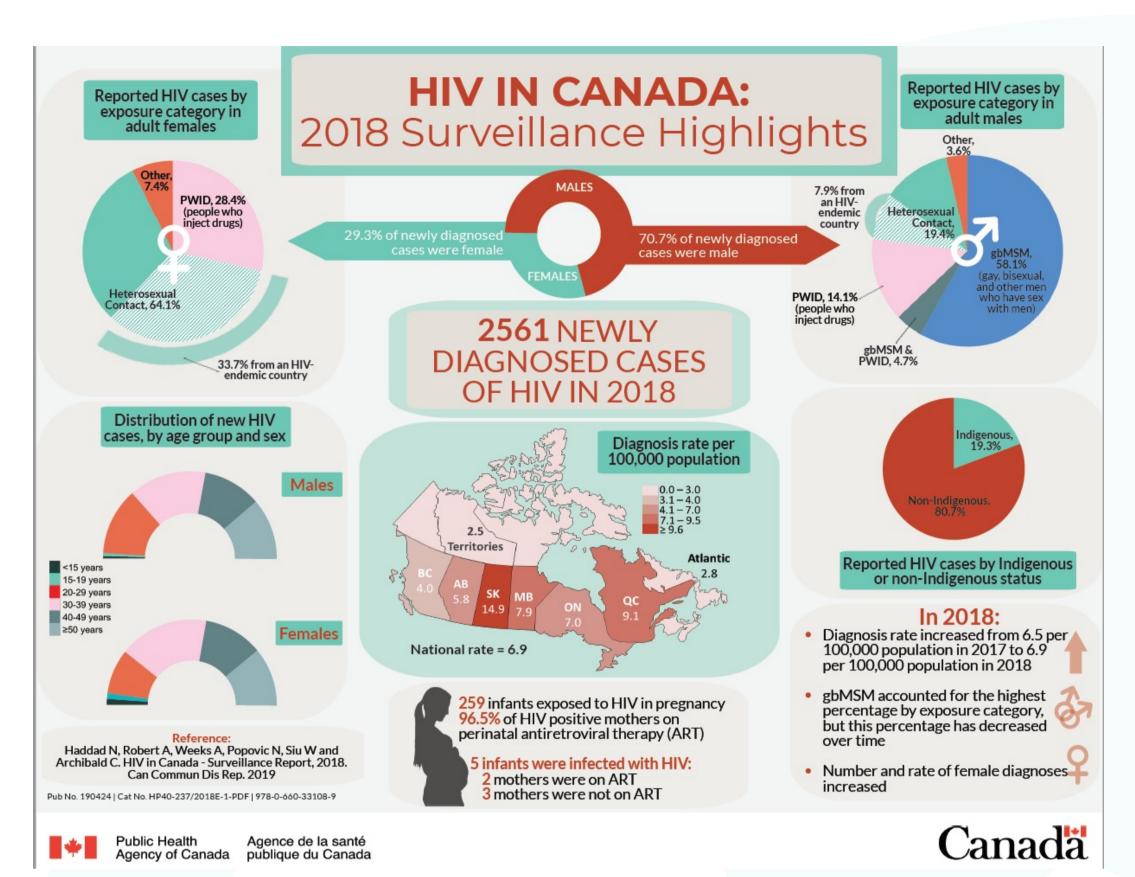
Hear Daniel's journey from being diagnosed with HIV and cancer to having a renewed gratitude for life.





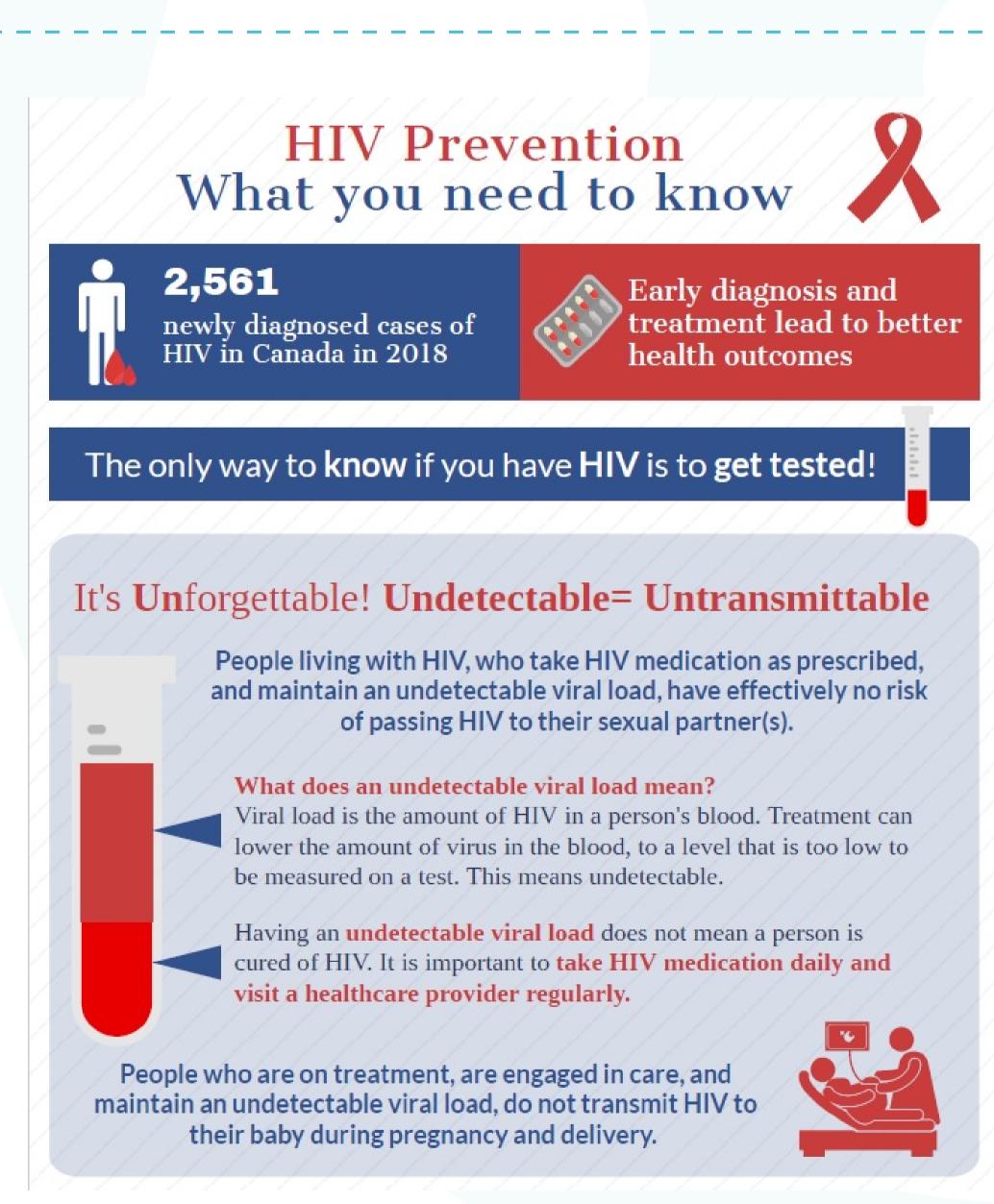


Products and Resources



NEW: Infographic: HIV Surveillance Report

A snapshot of 2018 HIV surveillance results in Canada, including the number of newly diagnosed cases and key affected populations



NEW: Infographic: HIV Prevention- What You need to Know

Information for the general public on HIV prevention, including Undetectable = Untransmittable (U=U), PrEP, and PEP and other effective strategies

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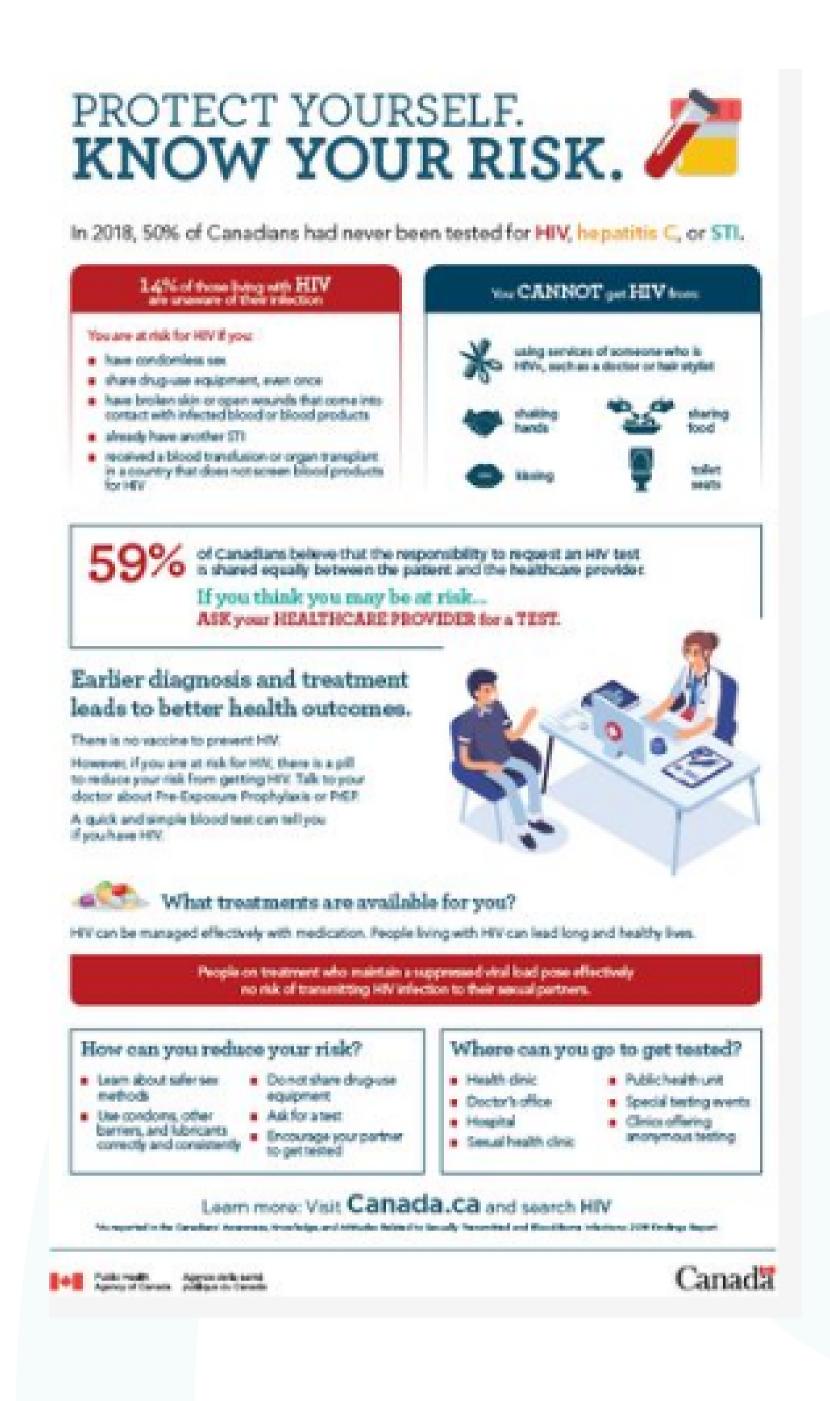


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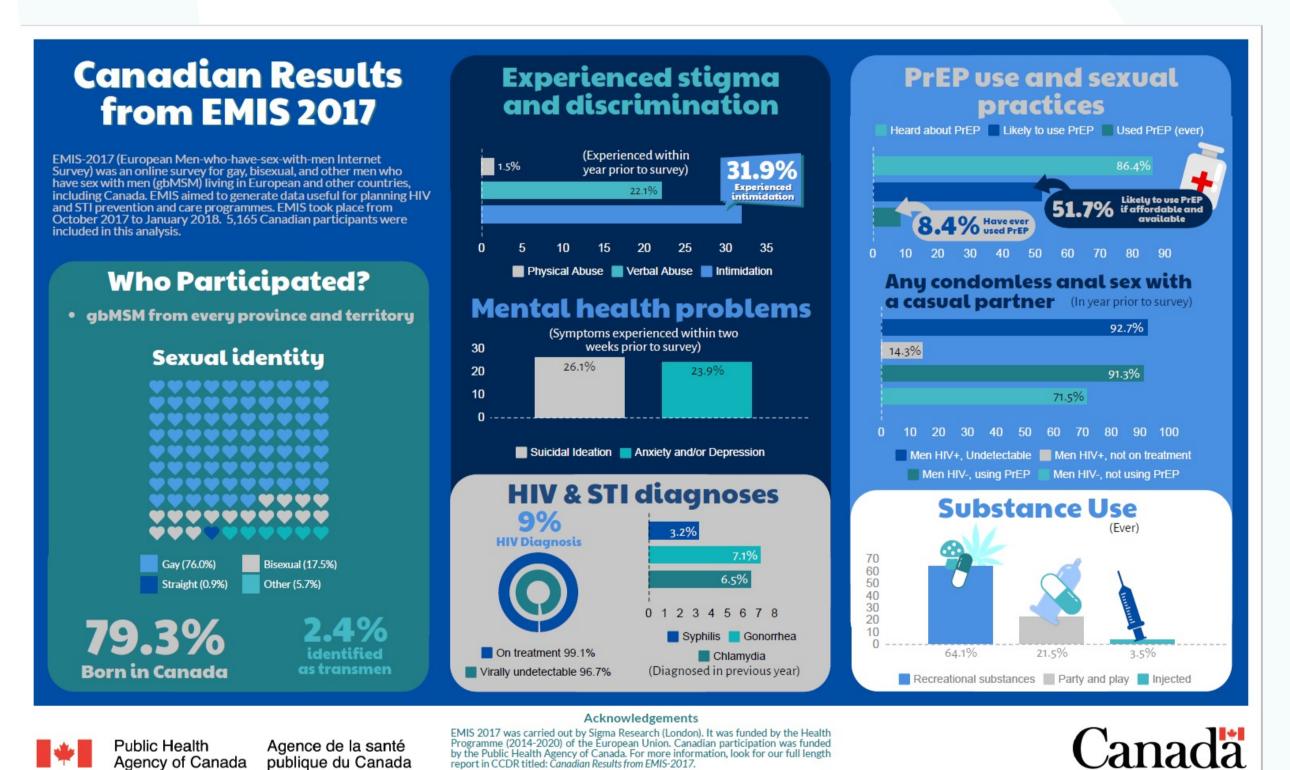






Infographic: Protect Yourself. Know Your Risk.

Information for the public on key risk factors for HIV, how to reduce your risk, and where to go to for testing and treatment information



NEW: Infographic: Canadian Results **from EMIS 2017**

Key highlights of Canadian results from the 2017 European Men-who-have-sex-with-men Internet Survey (EMIS-2017), including findings on stigma experiences, mental health, PreP and sexual practices and substance use

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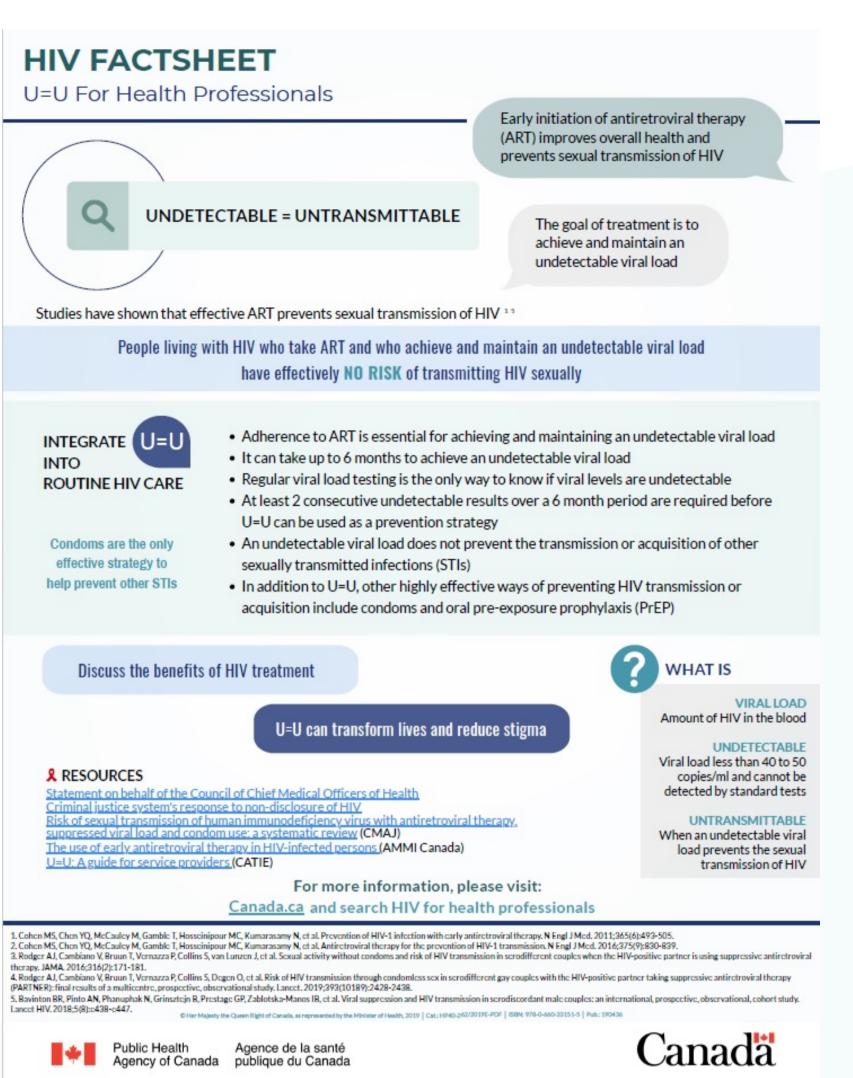












NEW: HIV Factsheet: U=U Infographic for Health **Professionals**

Tips for Health Professionals on integrating Undetectable = Untransmittable into routine HIV care



- share drug use equipment. exchange sex for drugs or money
- have sex with multiple partners without using a condom
- engage in condomless sexual activity with someone whose HIV status is unknown
- engage in condomless sexual activity with an HIV-positive individual who is not on treatment or whose virial load* is ≥ 200 copies/ml
- have had medical procedures or personal services in regions where HIV is endemic received a diagnosis of a sexually transmitted infection, such as syphilis, gonorrhea or chlamydia

WHOM TO SCREEN

A comprehensive HIV behavioural risk assessment is not required when offering an HIV test. Consider testing:

- Individuals presenting with risk factors for HIV infection
- individuals presenting with signs and symptoms of HIV infection Individuals with illnesses associated with a weakened immune system
- individuals with a suspected exposure to HIV infection.
- Individuals who are sexually active and have never been
- individuals born, or who travelled or resided in a country. where HIV is endemic
- victims of sexual assault

Healthcare providers should offer HIV testing when screening for other sexually transmitted and blood-borne infections (i.e., syphilis, chlamydia, gonorrhea, and hepatitis B or C). pregnant women or those planning a pregnancy, and

In the provision of routine medical care, and in discussion with the client, healthcare providers should consider whether there is a benefit to an HIV test. Healthcare providers should take an active approach to testing and offer an HIV test to clients. They should also provide a test to a client who has asked for one.

* A viral load of < 200 copies/ml is considered undetectable.

Canada

Canada supports the UNAIDS 90-90-90 targets to eliminate AIDS as a public

health threat by 2030.

The first target is that by 2020,

90% of all people living with

HIV will know their status.

HIV Factsheet: Screening and Testing For Health Professionals

Risk factors for HIV infection, criteria to help in deciding who to screen, and common signs and symptoms of an HIV infection

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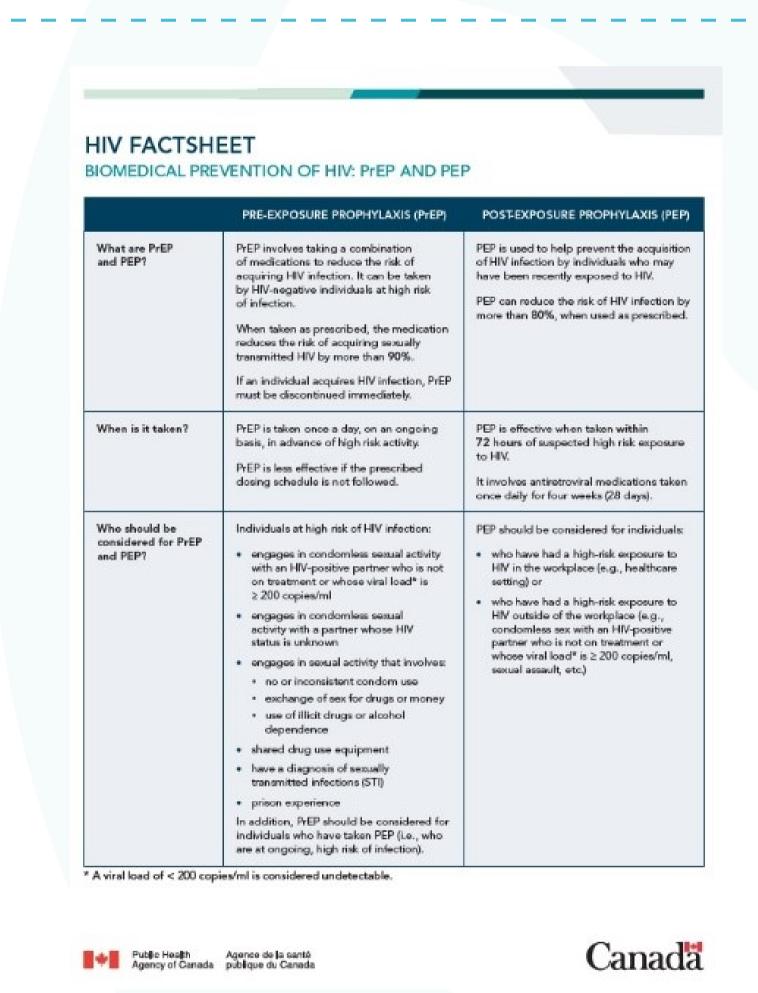






HIV Factsheet: Types of HIV Screening Tests For Health **Professionals**

An overview of the use of three types of HIV screening tests; Third-generation enzyme immunoassay (EIA) test, Fourthgeneration test, and Point-of-Care tests



HIV Factsheet: Biomedical Prevention of HIV- PrEP and PEP For Health Professionals

A comparison of the HIV prevention strategies PreP and PEP, including who should be considered for each and when they should be taken



Infographic: Take an Active Approach to STBBI Testing For Health Professionals

Common reasons identified by Canadians for not getting tested for STBBI and how Health Professionals can discuss testing and treatments options with patients

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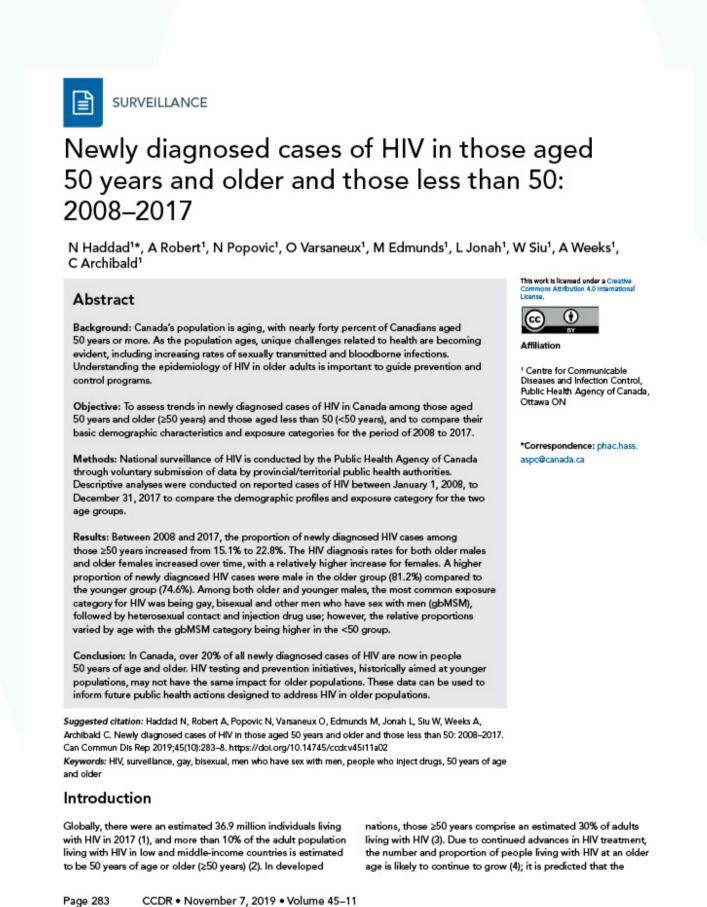






NEW: CCDR Article: Canadian results from the European Men-whohave-sex-with-men Internet Survey (EMIS 2017)

Canadian results from the 2017 European Men-who-have-sex-with-men Internet Survey (EMIS-2017), including findings on stigma experiences, mental health, PreP, sexual practices and substance use



NEW: CCDR Article: Newly diagnosed cases of HIV in those aged 50 years and older and those less than 50: 2008-2017

Trends in newly diagnosed cases of HIV in Canada between 2008 and 2017 across key populations and the implications for HIV testing and prevention initiatives

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NOVEMBER 2019 World AIDS Day Activities



Monday



Tuesday



Wednesday



Release of U=U promo video #1

Science of Health in Blog post on HIV genetic testing



Release U=U promo video #2

Release of EMIS report



Promotion of U=U compilation video



Release of U=U promo video #2



Thursday



video- Dee's Story

HIV Surveillance infographic



Friday



Promotion of U=U video- Carlo's Story





New Science of Health Blog post on HIV stigma



Promotion of U=U compilation video



Saturday



HIV in Canada Surveillance infobyte



HIV prevention infographic

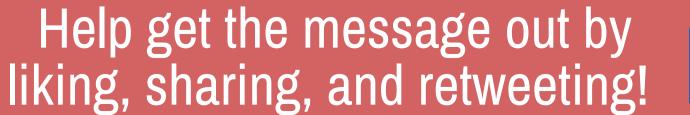
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DECEMBER 2019 World AIDS Day Activities



Sunday World AIDS Day



Monday

Science of Health

Blog post on dried

blood spot testing



Release of Ministers Message for WAD2019



Promotion of U=U video- Daniel's Story



Promotion of U=U video- Pierre's Story



Thursday

HIV prevention infographic





Promotion of U=U video- Marvelous' Story



U=U for health professionals infographic



Promotion of U=U video- Dee's Story



Thursday



Canadian Communicable Disease Report (CCDR)-December Issue- Annual HIV Surveillance Report, Infographic and Article



Webinar- Annual HIV Surveillance Report

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