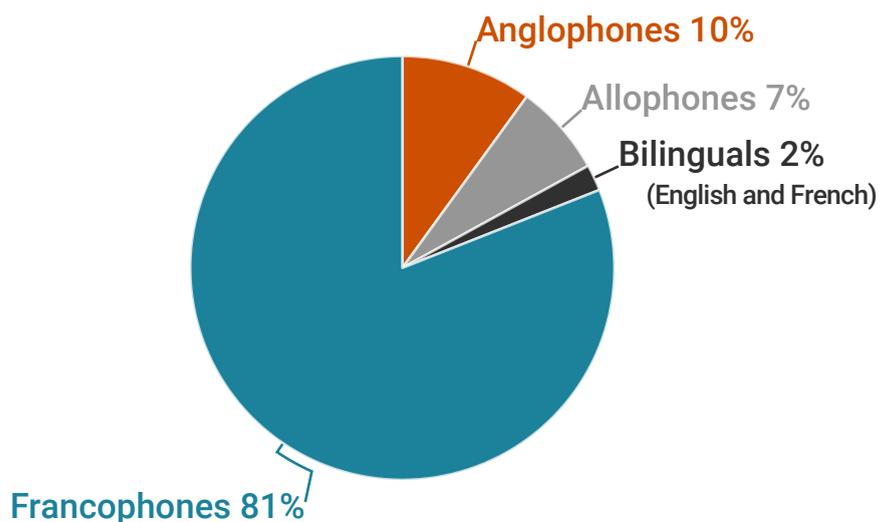


# How Does the Health Status of Anglophones and Allophones Compare with Francophones in Québec?

A few findings from the Quebec Population Health Survey

1.4 million people are part of a **linguistic minority** in Québec



**Allophones** speak a language other than French or English at home.

Source : Statistics Canada, 2016 Census.

## Compared to Francophones

### Anglophones are ...



More likely to consume cannabis

Less likely to use contraception



More likely to struggle with work / life balance

More likely to use a condom



Less likely to feel psychological distress

Less likely to suffer from musculoskeletal disorders



### Allophones are ...

Less likely to undergo a Pap test



More likely to feel psychological distress

More likely to struggle with work / life balance



More likely to perceive their oral health as fair or poor

Less likely to suffer from unintentional injuries



Source : Institut de la statistique du Québec, Enquête québécoise sur la santé de la population 2014-2015.

Reference : Tu, M.T., Lussier, M-H., Martel, S., Blaser, C. (2018). Health Profile of Linguistic Communities in Québec. Institut national de santé publique du Québec. 20 p. [www.inspq.qc.ca/en/publications/2483](http://www.inspq.qc.ca/en/publications/2483)