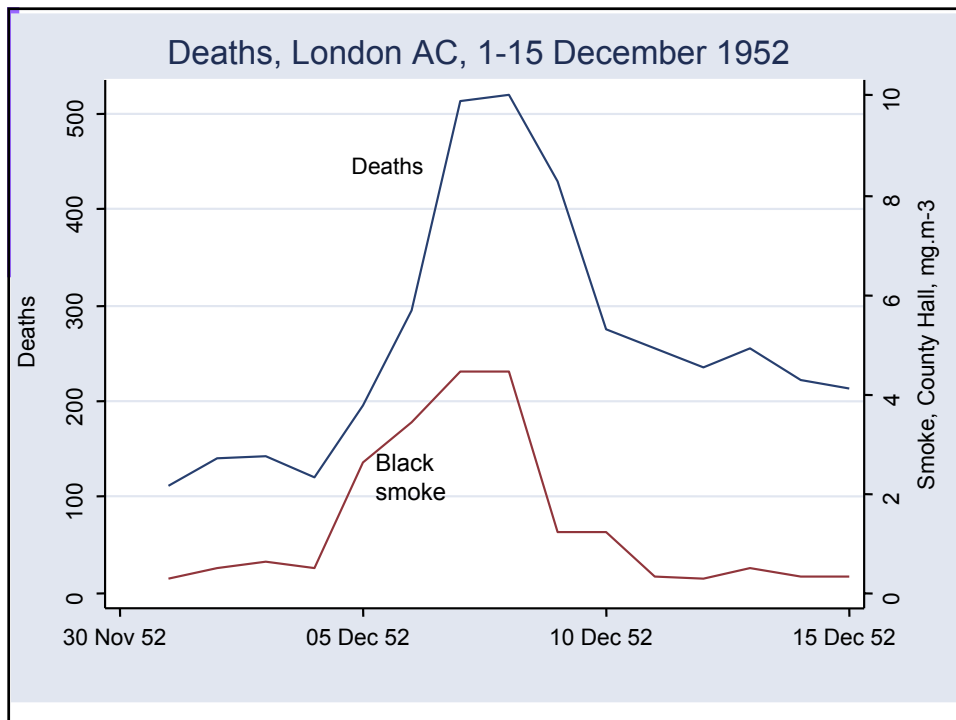


AIR POLLUTION, GREENHOUSE GASES AND HUMAN HEALTH

Paul Wilkinson
London School of Hygiene & Tropical Medicine

Montreal, 23 November 2007



- Reduction, especially in industrial and domestic combustion sources, with substantial decline in particle (mass) concentration & SO₂
- Change from classical to photo-chemical smog (transport sources)
- Emergence of new toxicological and epidemiological evidence, incl.
 - time-series
 - semi-ecological cohorts
- Identified risks at the (lower) ambient concentrations in modern cities
- Evidence strongest for respirable particles (<10µm), but also for SO₂, ozone, NO₂, CO...



HEALTH EFFECTS OF OUTDOOR AIR POLLUTION

Patho-physiological/functional changes

Inflammation of airways & lung

Lung function

Reduce lung growth

Heart rate (variability), blood pressure

Coagulation

?Atherosclerosis, calcification of the arteries by ~60%

Symptom/disease exacerbations (acute)

Respiratory symptoms (asthma, COPD), cardiac (arrhythmia?)

Thrombosis: myocardial infarction, stroke

Hospitalization (cardio-respiratory)

Death (cardio-respiratory)

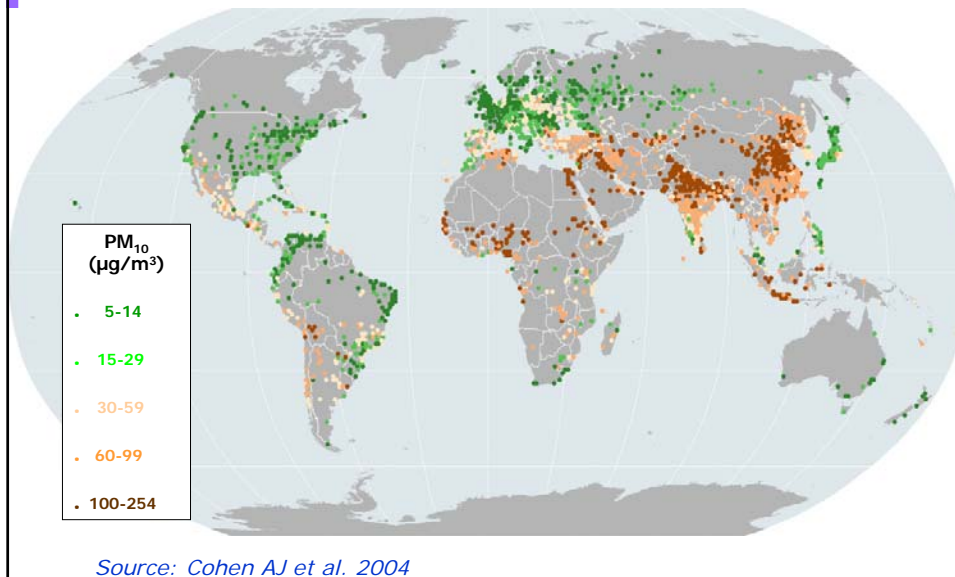
Chronic disease

Chronic obstructive pulmonary disease, asthma

Lung Cancer

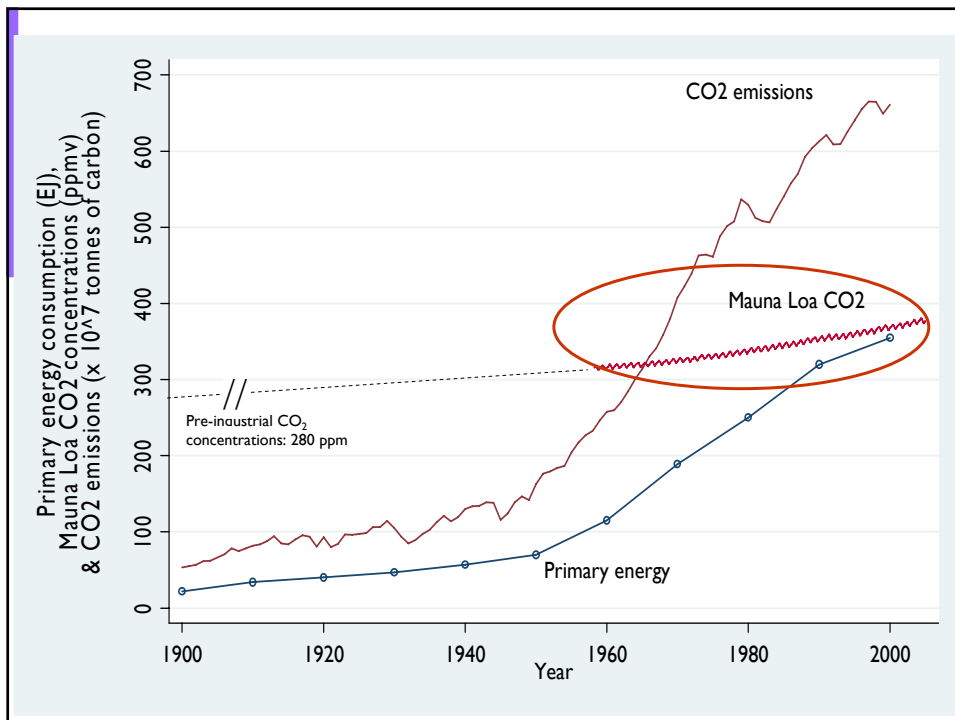
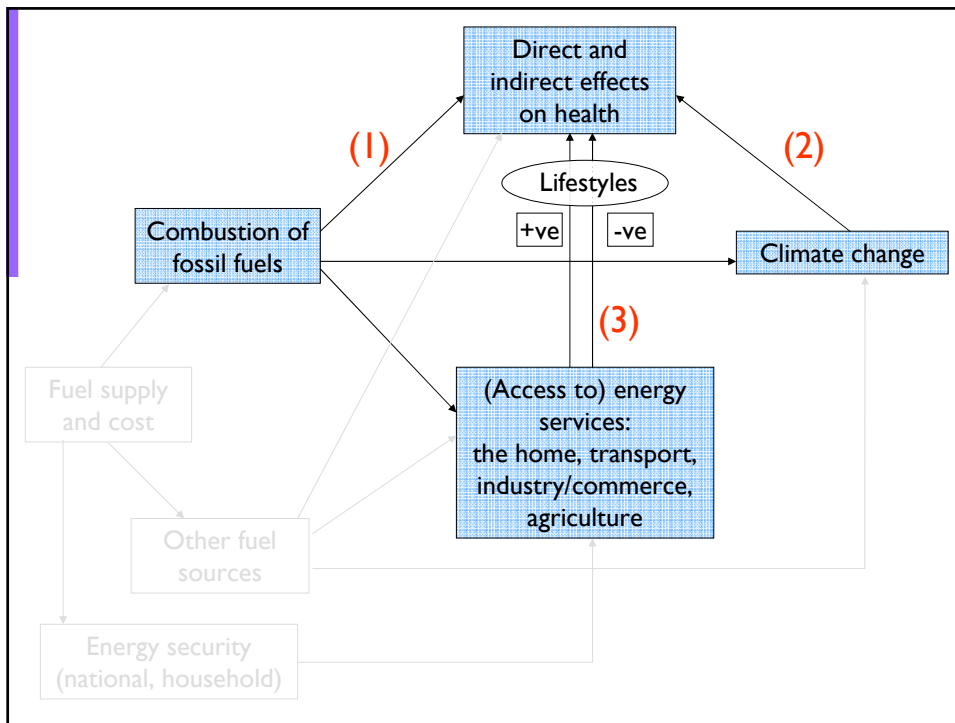
Reduced life expectancy

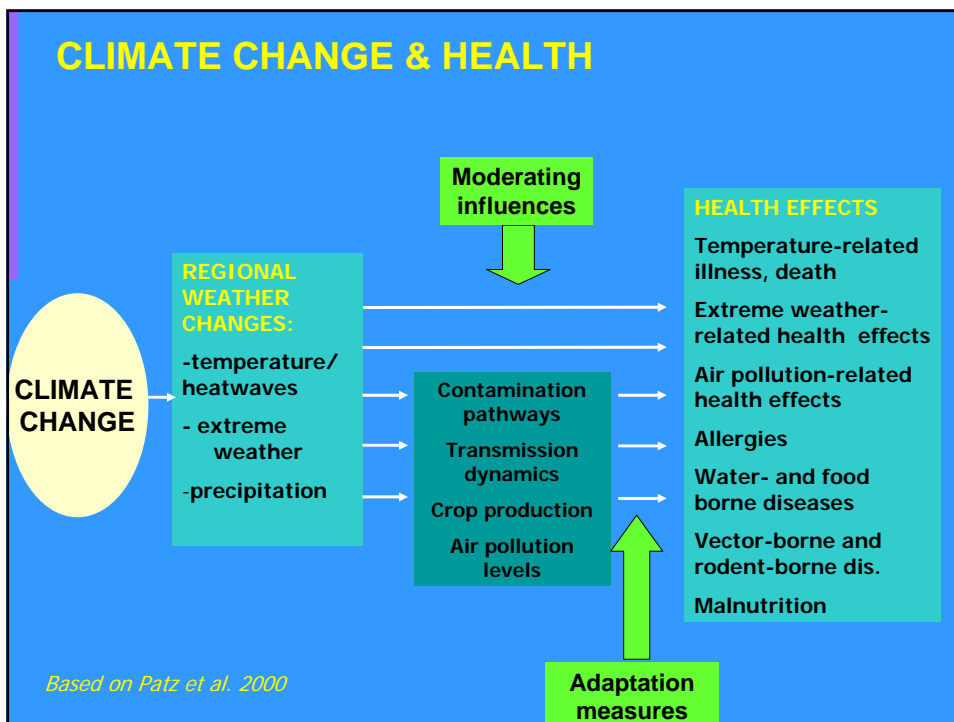
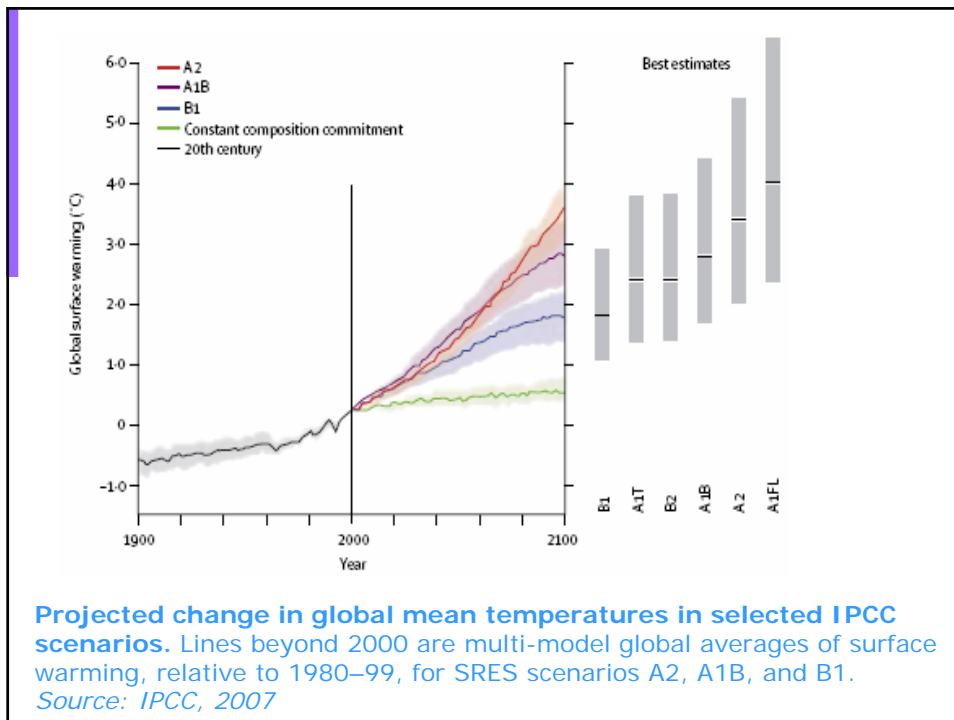
Estimated PM₁₀ Concentration in World Cities (pop ≥ 100,000)

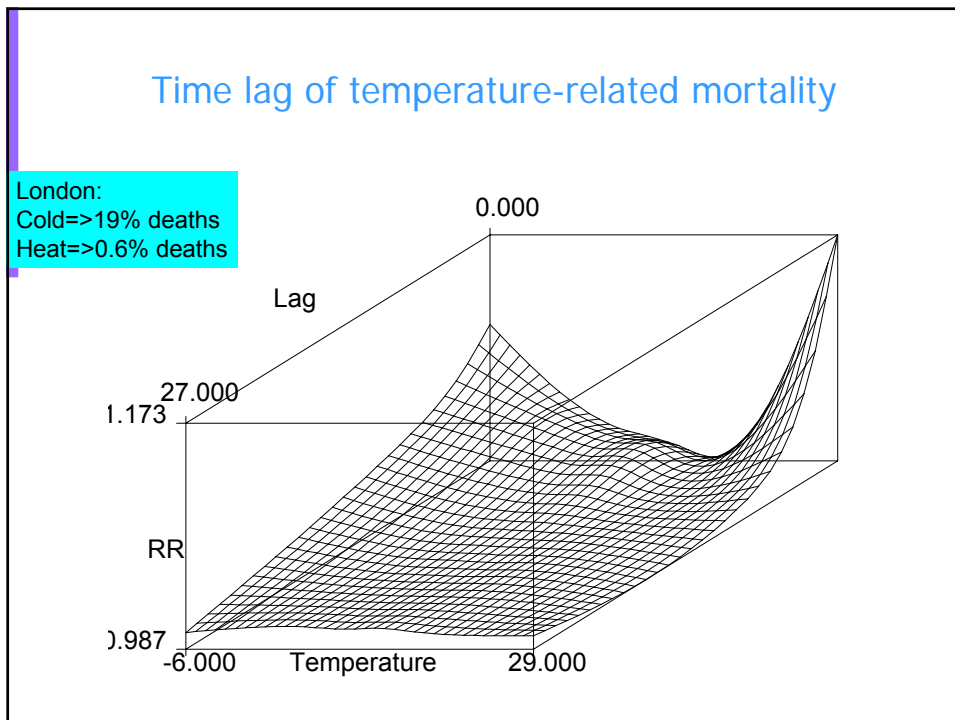
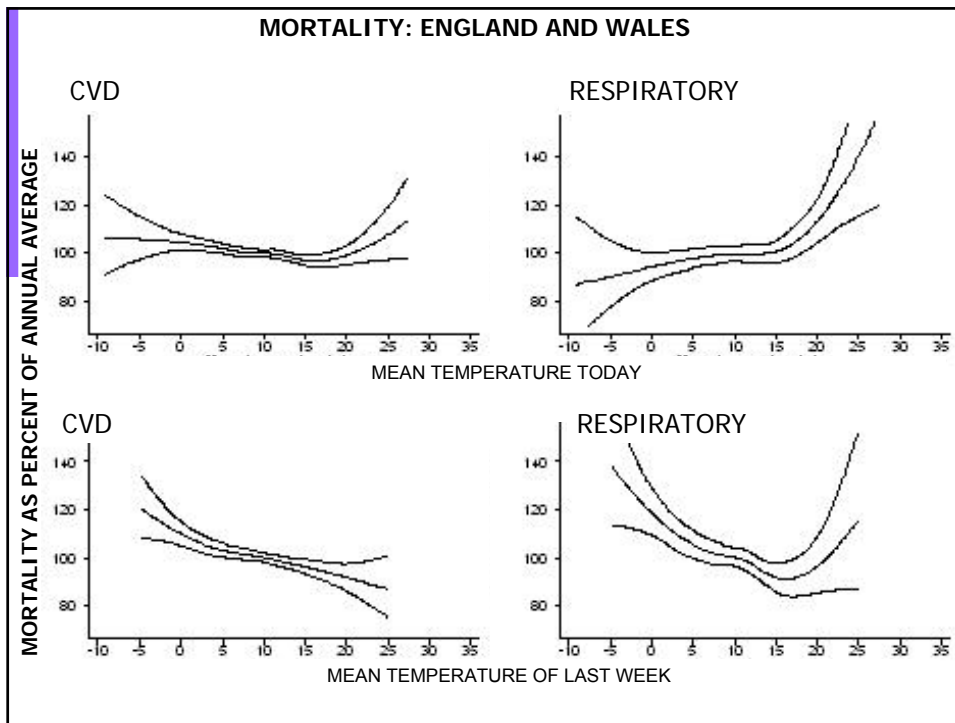


Excess deaths from selected environmental factors

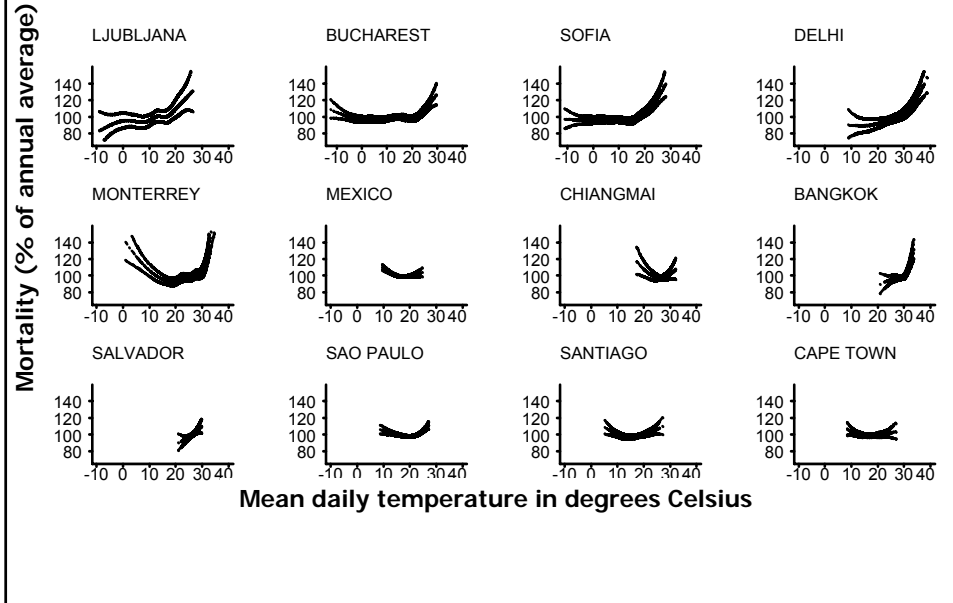
Environmental risk	Global estimate	Asian estimate (S, SE Asia + W Pacific)	Asia as a percent of global
Unsafe water	1,730,000	730,000	42%
Urban outdoor pollution	799,000	487,000	65%
Indoor air	1,619,000	1,025,000	63%
Lead	234,000	88,000	37%



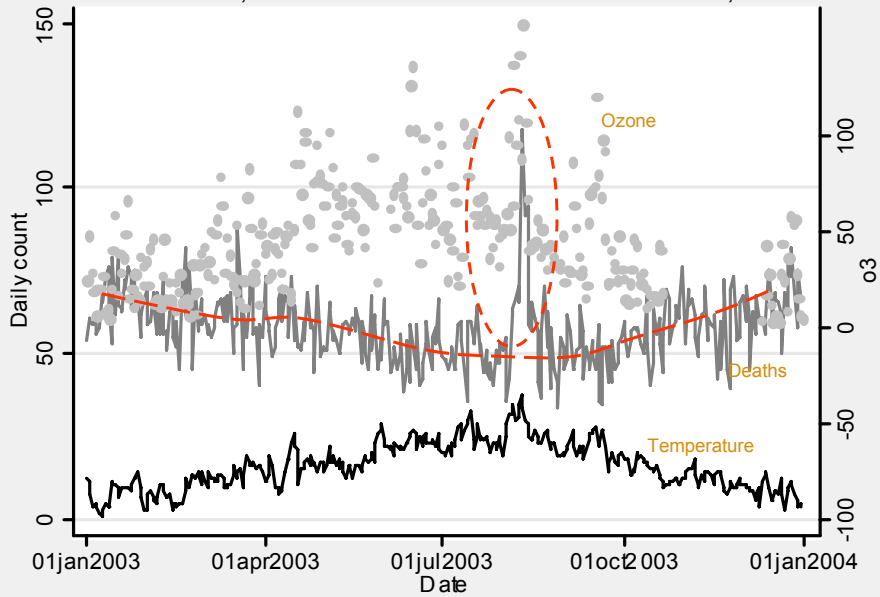


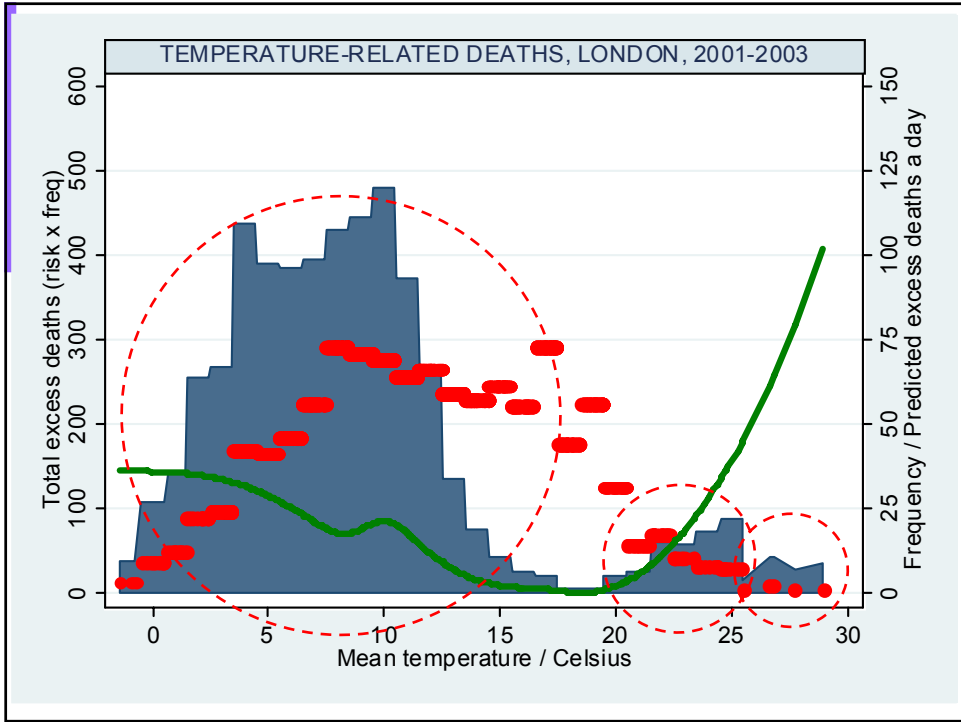
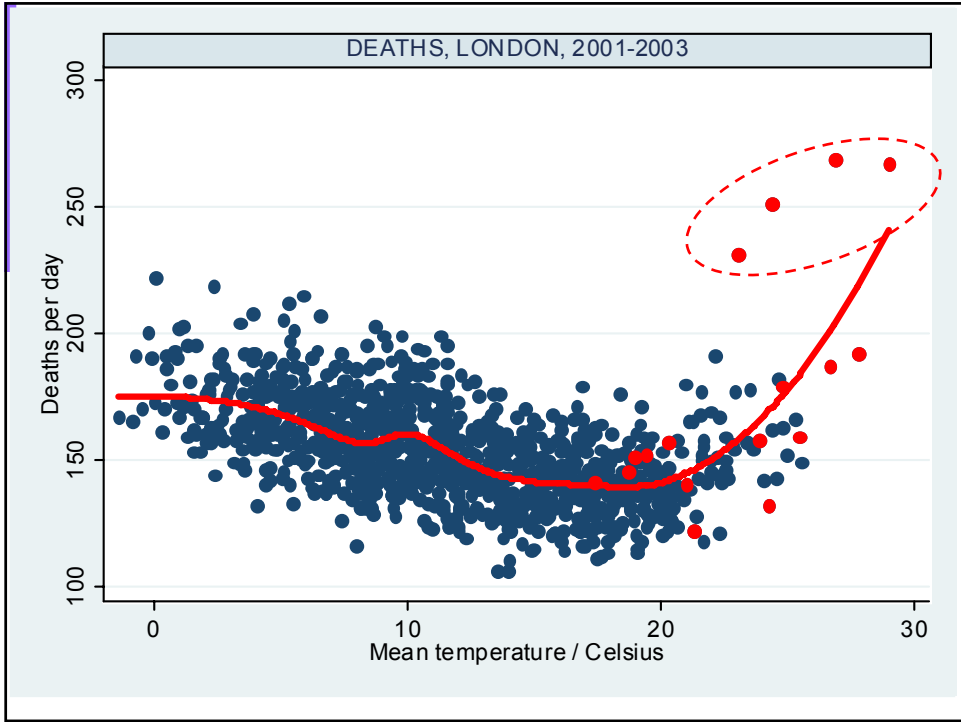


Daily mortality in relation to mean temperature during preceding two days

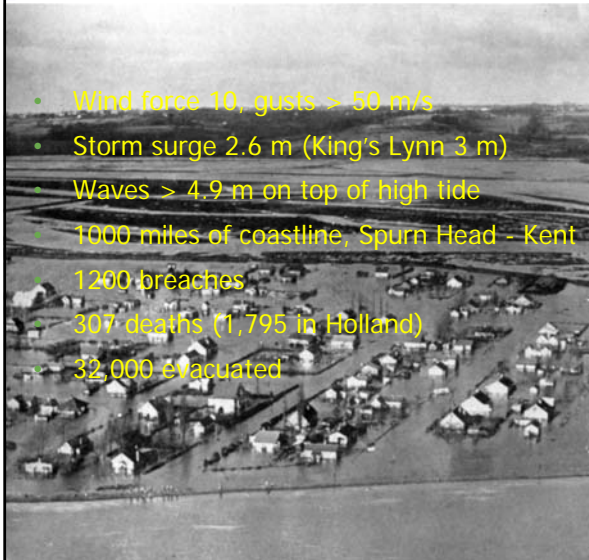


CV DEATHS, MAX. DAILY TEMPERATURE & OZONE, 2003

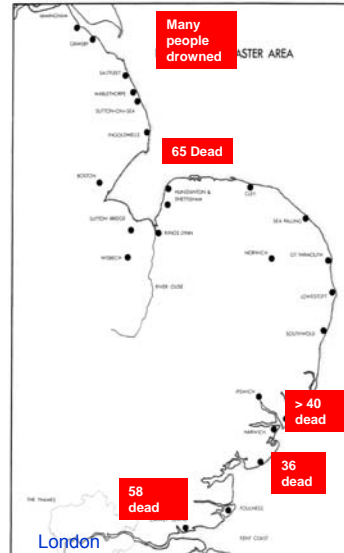




FLOODING: EAST ANGLIA & SOUTH EAST ENGLAND, 31 JAN - 1 FEB 1953

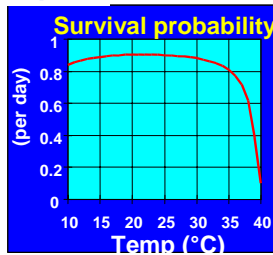
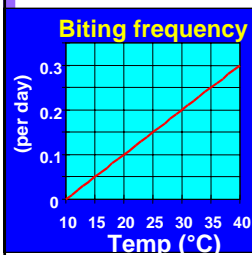


- Wind force 10, gusts > 50 m/s
- Storm surge 2.6 m (King's Lynn 3 m)
- Waves > 4.9 m on top of high tide
- 1000 miles of coastline, Spurn Head - Kent
- 1200 breaches
- 307 deaths (1,795 in Holland)
- 32,000 evacuated

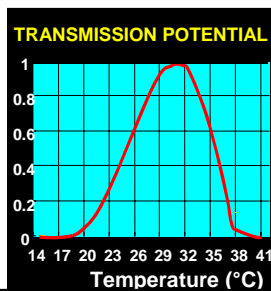
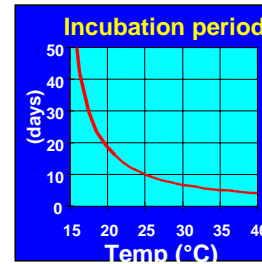


VECTOR-BORNE DISEASE

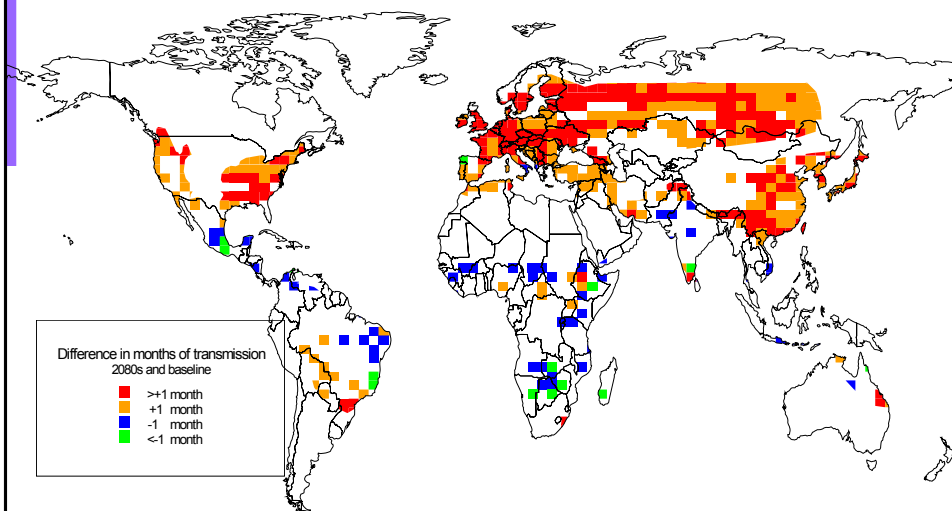
Mosquito



Parasite



PREDICTED CHANGE IN MONTHS PER YEAR OF FALCIPARUM MALARIA TRANSMISSION BY 2080



From Martens et al. 1999

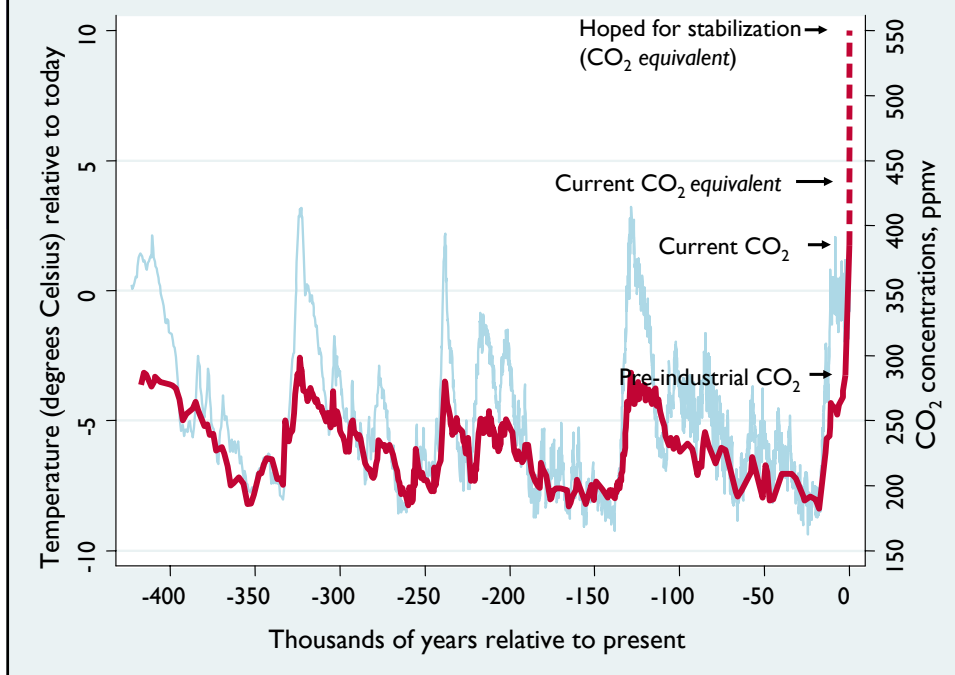
[Climate change scenario developed by the UK Hadley Centre]

“If we could be absolutely sure that nothing more drastic than ‘linear’ changes in the climate could occur, it would be reassuring. The small chance of something really catastrophic is more worrying than the greater chance of less extreme events... [which] could negate decades of economic and social advance”

*Rees, M. Our final century.
London: Arrow Books. 2004*

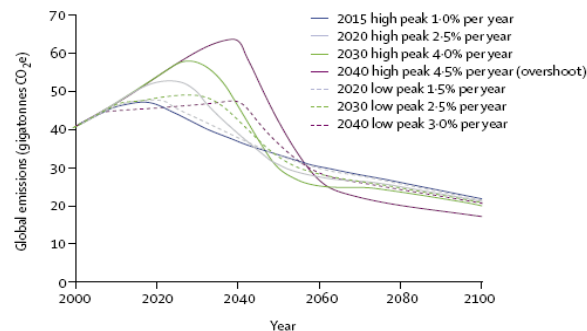
Reversal of carbon sinks (Amazon); deep ocean circulations; gas hydrates (clathrates); other...
Beware the Paleocene-Eocene Thermal Maximum!

Paleo-climate & CO₂ record, Vostock ice cores, Antarctica



THE CHALLENGE

- Limiting of global impact
- Reduction in GHG emissions by ~90% in high income countries by mid century
- Major shift towards low emissions energy (electricity from renewables, electricity or H₂ as energy carriers for transport...)
- Behavioural change: active transport



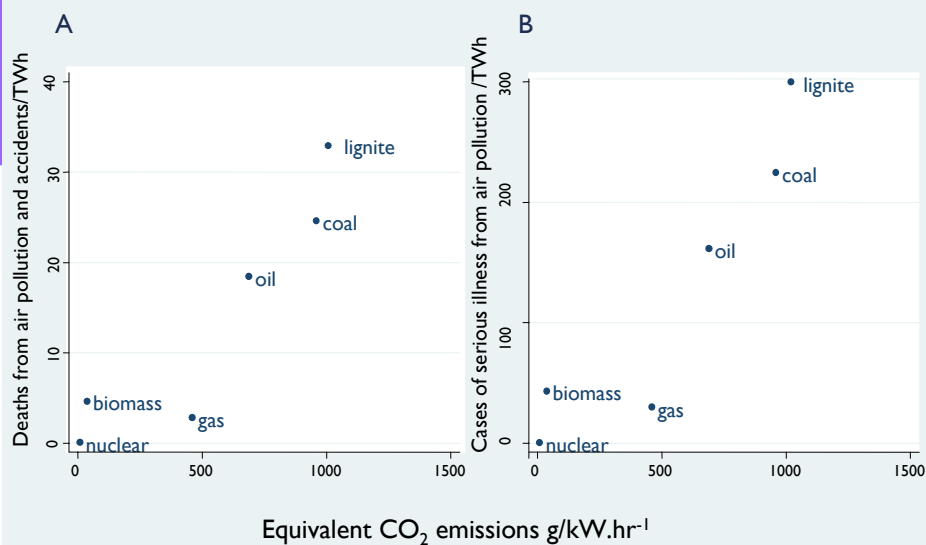
BENEFITS TO HEALTH

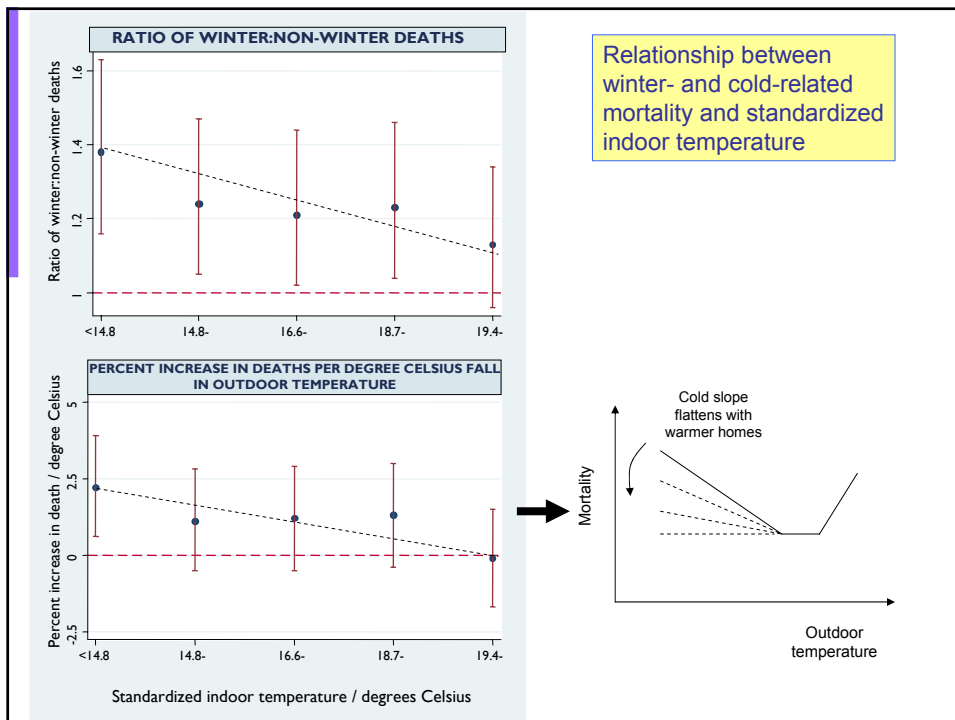
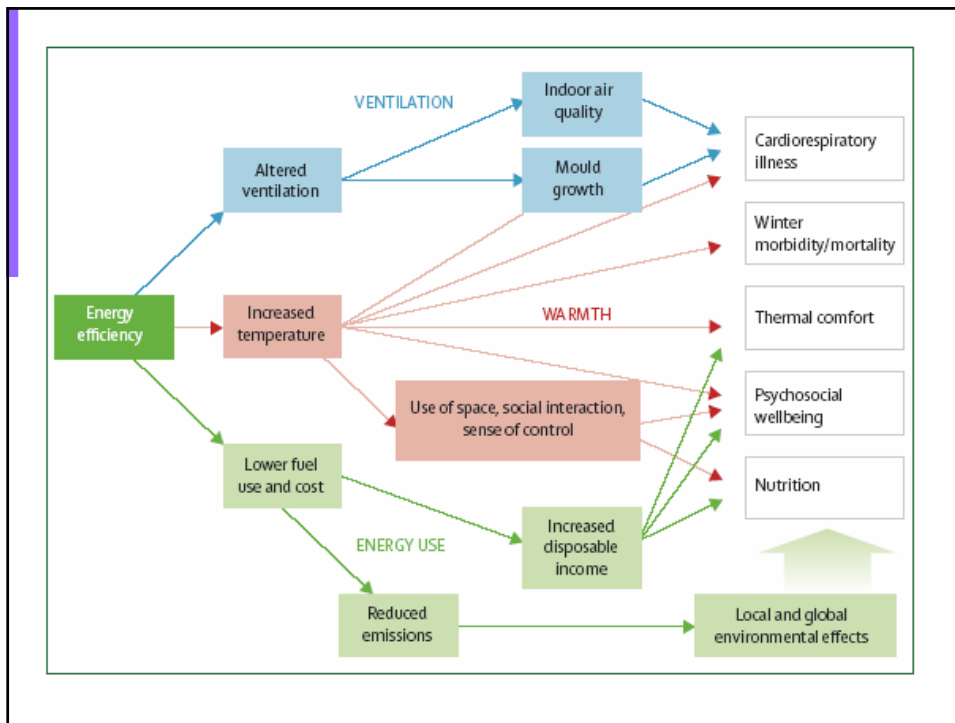
- Mitigation of health effects of climate change

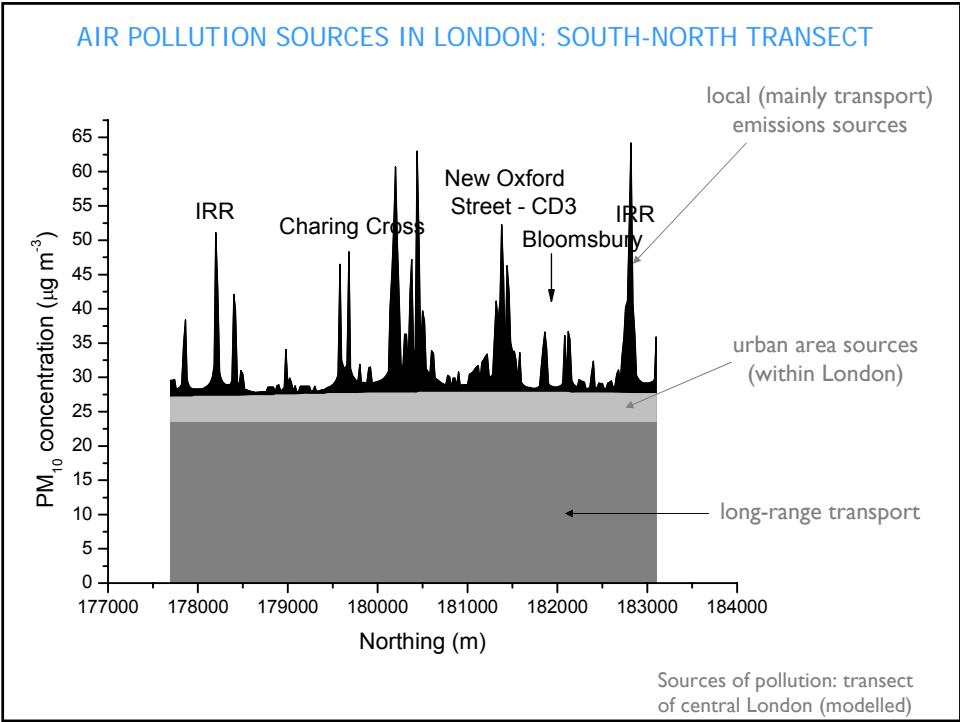
Co-benefits

- Reduced ambient air pollution
- Built environment: protection against low and high temperatures
- Active transport: physical activity, obesity, road injuries
- Quality of urban environment

AIR POLLUTION IMPACTS VS CO₂ EMISSIONS

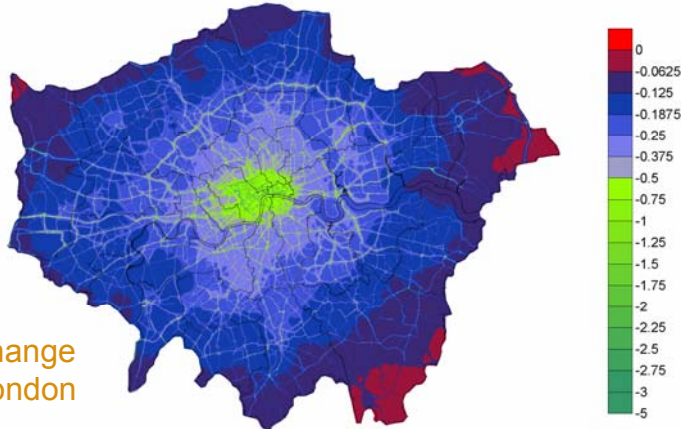






URBAN INTERVENTIONS

- Urban layout, building design and renovation, transport system changes
- Combined technology and behaviour change
- Switch to cleaner energy carriers (electricity, hydrogen?)



Hypothetical impact on pollutant emissions, concentrations and years of life gained					
	'Baseline'	Scenario 1	Scenario 2	Scenario 3	Scenario 4
Description	Business as usual	Bus fleet +20% of cars to H ₂ * or electric	40% lower building emissions	Half journeys <10km by walking/cycling (50%) or publ trans	Combined
Emissions difference [§] (%)	(tonnes/yr)				
PM	(3564)	-4.5%	-3.1	-3.4%	-10.6%
NO _x	(78994)	-7.9%	-11.6	-1.5%	-20.8%
CO ₂	(39.5x10 ⁶)	-5.3%	-15.1	-2.2%	-22.1%
Change in concentrations	(µg.m-3)				
PM ₁₀	(23.7)	-0.4%	-0.4%	-0.4%	-1.3%
NO ₂	(36.8)	-4.6%	-7.0%	-0.5%	-12.0%
Gain in life years over 10 yrs:					
PM ₁₀ Total YLG	(baseline)	2527	1389	1736	5532
YLG per 100,000 pop		35	19	24	77
NO ₂ Total YLG		26445	38223	3970	68834
YLG per 100,000 pop		366	529	55	953
* -- assumed to be hydrogen fuel cell					
§ -- difference from baseline					

“ACTIVE TRANSPORT”: HEALTH GAINS

For an average car driving women 35-44 years...

- 15 g fat tissue per day
- 5.6 kg fat tissue per year
- Decrease
 - 20–40% in risk of premature mortality
 - 25% in breast cancer risk
 - >20% all cancer risk
 - >30% diabetes mellitus

CONCLUSIONS

- Air pollution and climate change are linked by society's dependence on fossil fuels
- The magnitude of the climate change challenge demands major and rapid reduction in greenhouse gas emissions
- Technology alone is an insufficient solution; altered behaviours are needed and often beneficial
- Measures to achieve GHG reduction targets would be expected to yield appreciable benefits to public health

CONTACT DETAILS

Paul Wilkinson
Public & Environmental Health Research Unit
London School of Hygiene & Tropical Medicine
Keppel Street
London WC1E 7HT
paul.wilkinson@lshtm.ac.uk
Tel: +44 (0)20 7927 2444

